

# Mental Health Collaborative Board

Thursday 19<sup>th</sup> November 2020

## Sussex B.A.M.E Disparity Programme - Reducing Mental Health Inequalities for BAME Workforce and Communities

<b>Agenda item no:</b>	3
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<b>Workstream/ priority programme</b>	Workforce	<input type="checkbox"/>	UEC	<input type="checkbox"/>	Clinical	<input type="checkbox"/>
	Digital	<input type="checkbox"/>	Mental Health	<input checked="" type="checkbox"/>	Financial	<input type="checkbox"/>
	Estates	<input type="checkbox"/>	Unwarranted Variation	<input type="checkbox"/>	Place-based	<input type="checkbox"/>
	Communications	<input type="checkbox"/>	Strategic Commissioning	<input type="checkbox"/>		

<b>Purpose</b>	<b>For information</b> <input checked="" type="checkbox"/>	<b>For discussion</b> <input checked="" type="checkbox"/>	<b>For decision</b> <input type="checkbox"/>	<b>For action</b> <input checked="" type="checkbox"/>
	This provides an update on the Sussex BAME Disparity Programme where it aligns to the Mental Health Equality Strategy highlights where the programme is connecting work across Sussex to advise on recommendations and actions going forwards.			
<b>Paper summary</b>	Slide presentation to update the Mental Health Collaborative Board on the work being undertaken within the programme with particular focus on aspects within the Advancing Mental Health Equalities Strategy			
<b>Recommendation</b>	<p>Several recommendations are proposed:</p> <ul style="list-style-type: none"> <li>• Each NHS and Care Organisation to review its mental health and wellbeing offer/support to ensure that content is culturally relevant and meets the needs of BAME communities particularly around disproportionate COVID-19 impact, experience of lockdown but also around longstanding issues such as facing racism and discrimination and experiencing poverty</li> <li>• Community mental health teams to be more representative of the communities they serve</li> <li>• Mental health services to be more accessible to address mental health inequalities affecting BAME communities by reviewing its Equality Impact Assessments and taking actions to address gaps</li> <li>• Positive Communication around Mental Health support to reduce the Stigma attached highlighting particular areas relating to the</li> </ul>			

	<p>BAME Communities</p> <ul style="list-style-type: none"> <li>• Taking mental health communication to where BAME people meet – Faith groups, BAME Food shops and restaurants, barbers, hairdressers etc.</li> </ul>
<b>Associated papers</b>	1. BAME Disparity Programme Presentation
<b>Programme SRO</b>	Tanya Brown-Griffith – Programme Director, Sussex Health and Care Partnership
<b>Executive Sponsor/Leads</b>	Adam Doyle and Lola Banjoko