



Are you aged 50+ and worried about the cost of food?

Ageing Well can give short term financial help to people aged 50+ in Brighton & Hove who are struggling financially due to the increase in the cost of living.

This support includes -

- Giving one-off shopping vouchers to use at a supermarket of choice**
- Linking to lunch clubs and low-cost meal options**
- Signposting/referring for support relating to finances and energy costs**

This offer is available Winter 2022-23 (until vouchers run out).

Get in touch with our friendly team on...

Call: 01273 322948

Text: 07770 061072

Email: ageingwellbh@impact-initiatives.org.uk