

SHCP Mental Health Restoration and Recovery meeting

Agenda

Date: Monday 21st September 2020

Time: 12.30 - 1.30 pm

Location: Microsoft Teams meeting

Chair: Simone Button

Time	Ref.	Item description	Lead	Action	Paper
12.30 pm (5 mins)	1.	Welcome, apologies, minutes and matters arising	Chair	For review	1. Draft minutes 21/07/2020
12.35 pm (10 mins)	2.	SPFT update - capacity planning and face to face versus virtual decision making tools	Chair	For information	2. R&R Milestones report 3. Principles for Remote working Vs Face-to-Face 4. Data update
12.45 pm (10 mins)	3.	Engaging the Third Sector	All	For discussion	Verbal
12.55 pm (10 mins)	4.	The interface of system and place based Restoration and Recovery groups and Sector Connector	All	For discussion	Verbal
1.05 pm (10 mins)	5.	Psychological support to health and social care staff - and staff resilience hubs	Chair	For discussion	Verbal
1.15 pm (10 mins)	6.	Follow up for post COVID patients	Chair	For discussion	Verbal
1.25 pm (5 mins)	7.	AOB and close	Chair		

Next meeting: TBA

SHCP Mental Health Restoration and Recovery meeting

Date: Tuesday 21st July 2020

Time: 12.30 – 1.30 pm

Location: Skype conference call

Present:	
AF	Anne Foster - Sussex NHS Commissioners
CC	Charlotte Clow - SHCP MH Programme
COB	Charlotte O'Brien - SPFT
DG	Darrell Gale - Public Health, ESCC
DL	David Liley - Healthwatch Brighton and Hove
JP	Jenni Pulkkinen (minutes) - SHCP MH Programme
KG	Katie Glover - West Sussex Mind
LP	Louise Patmore - SPFT / Patient Lead, SHCP MH Programme
MD	Martin Dominy - Southdown
MPc	Martin Packwood - Sussex NHS Commissioners
NB	Neil Blanchard - Southdown
NL	Nick Lake - SPFT / Joint SRO SHCP MH Programme
SB	Simone Button (Chair) - SPFT
Apologies:	
AS	Ashley Scarff - Sussex NHS Commissioners
GP	Gurprit Pannu - SPFT
MPn	Martin Pannell - Sussex NHS Commissioners
SG	Sarah Gates - Sussex Police

No.	Item	Action
1.	<p>Welcome, introductions and apologies</p> <ul style="list-style-type: none"> SB welcomed the group, introductions were made and apologies were noted. SB is now leading the ICS Mental Health Restoration and Recovery workstream. Minutes of the last meeting 15/06/20 were reviewed and agreed as a true record. <p>Initial discussions regarding economic downturn:</p> <ul style="list-style-type: none"> There is a shared view that the economic downturn will have a significant impact on MH demand. To be considered how the system can prepare for the anticipated demand. MPc reported that there are employment advisors associated with IAPT and Jobcentre Plus at each Place. DL advised that VCS has money advice and housing advice services in place. 	
2.	<p>Updated context</p> <ul style="list-style-type: none"> SB reported that SPFT is beginning to see an increase in demand in Urgent Care, In-Patient and Older People's MH pathways. There are patients in Out of Area Placements again and Delayed Transfers of Care have increased. Wider work is underway on CYP MH preventative agenda - neurodevelopmental is being targeted as a risk group. Virtual means of seeing people are being continued. <p>Summary of discussions regarding virtual and remote appointments:</p>	

	<ul style="list-style-type: none"> • LP raised an issue regarding access to IT equipment. KG highlighted the importance of a blended model to virtual and face-to-face appointments. KG reported that barriers to virtual and remote appointments include no access to a computer, limited internet connection and lack of private space. • LP requested that a procedure is developed for checking discretely whether a service user is able to talk freely, to ensure support needs are met prior to discharge. SB and LP to meet to discuss the procedures. ICS level guidance to be developed. • MD suggested that a platform is developed to join up clinical and non-clinical services for a softer and safer handover for clients. 	<p>SB and LP to meet to discuss the procedure for engaging with and discharging service users who do not have access to private space.</p>
3.	Restoration and Recovery objectives and progress	
	<ul style="list-style-type: none"> • SB provided an update on the key ICS MH restoration and recovery objectives and milestones. Milestones are being monitored on a weekly basis to produce updates for ICS. SB/JP to share the milestones progress report. <p>C-19 patients discharged from Acute</p> <ul style="list-style-type: none"> • NL noted that people who have been hospitalised with C-19 should be added as a risk group. To be considered how the system can work together to respond to the long term psychological and emotional impact of C-19. • SPFT is liaising with acutes to proactively follow up patients. DL advised that Healthwatch also has a wellbeing service in place for patients being discharged from acute. NL suggested that SPFT can prepare guidance for patients. • Q: Are pathways to support services clear? A: Pathway to wellbeing and emotional support to be strengthened. Agreed that IAPT services should deliver some of the interventions. Action from the system to develop training above IAPT competencies to provide support to this cohort and to secure HEE sponsorship. • KG noted that collaboration would allow the system to work more efficiently on the milestones. It was acknowledged that mechanisms for collaboration are yet to be developed. 	<p>SB/JP to share the milestones progress report.</p> <p>People who have been hospitalised with C-19 to be added as a risk group. System response to the long term psychological and emotional impact of C-19 to be considered.</p> <p>IAPT training to be arranged to provide emotional support interventions to C-19 patients.</p>
4.	Feedback from Sector Connector Forums and next steps	
	<ul style="list-style-type: none"> • DL presented an update from the first Sector Connector Forums. DL advised that the next steps for Sector Connector will include: <ul style="list-style-type: none"> ○ MH Collaborative to confirm the governance supporting the Sector Connector Forums ○ Resourcing for the Forums: Kings Fund/Lottery funding application has been shortlisted. If successful, it will involve a significant amount of work. ○ DL will liaise with SB to create the agenda for the next meeting and to nominate representatives. Suggested agenda items include digital consultations, involvement of VCS and people with lived experience in restoration and recovery, assisting MH Collaborative to share information on current and future investments, aligning Sector Connector work with other initiatives, and CYP MH independent review. 	
5.	Update on local place based plans	

	<ul style="list-style-type: none"> • East Sussex: MPc reported that East Sx Place Based group has been established, representation includes Keith Hinkley, Jessica Britton and SB. Key updates: 1) SMI physical health checks steering group is being reconvened to design next steps in readiness for restarting the services. 2) Memory assessment service is designing remote assessments and is planning to reopen in October. 3) Southdown has closed physical facilities but continued online services and RAG rated service users. Plan to prioritise staying well service. • Brighton & Hove: AF requested that the purpose of the B&H restoration and recovery cell and its link to the Sussex wide group is clarified. Strategic approach to demand and capacity to be developed across Sussex. To be ensured that work is not duplicated. • West Sussex: KG raised a concern regarding West Sx. SB will request an update on West Sx and to report back. <p>Governance:</p> <ul style="list-style-type: none"> • It was highlighted that the local groups do not have clear governance structure and link to the system wide plans. • Q: What is the purpose and remit of the local groups compared to Sussex wide restoration and recovery group? Where should local groups escalate concerns? A: System wide governance and the relationship of system and place to be mapped. COB and NL will meet with DASs and CCG MDs. • SB, NL and representatives to develop rules of engagement and governance for the place based and system groups and to share with the representatives. • The interphase of System and Place Based Restoration and Recovery groups and Sector Connector to be discussed at the next meeting. 	<p>SB to request an update on West Sx place based group and to report back.</p> <p>SB, NL and representatives to develop rules of engagement and governance for the place based and system groups and to share with the representatives.</p> <p>The interface of System and Place Based Restoration and Recovery groups and Sector Connector to be discussed at the next meeting.</p>
6.	AOB and close	
	<ul style="list-style-type: none"> • Client survey and including service user voice in restoration and recovery plans: MD to share B&H client survey with KG and LP. 	<p>MD to share B&H client survey with KG and LP.</p>
<p>Next meeting: Monday 17th August 2020, 12.00 - 1.00 pm</p>		