



Because of Coronavirus people need to wear face masks on the bus.



Wearing face masks makes some people anxious.



If you have a disability you are exempt.
This means you do not have to wear one.



Don't be worried if someone asks why you are not wearing a mask.

You can show them this card to explain.

Brighton & Hove Buses

To find out more about Helping Hand cards go to Brighton & Hove Buses website
<https://www.buses.co.uk/helpinghand>

Brighton & Hove Buses customer support
01273 886200



Help and support for people with learning disabilities

Speak Out Helpline
01273 421921