

Restoration and Recovery Objectives and Milestones

Key Objectives	<p>The key objectives of the Mental Health Restoration Programme are:-</p> <ul style="list-style-type: none"> • Restore core mental health services, adapted to provide blended virtual/face-to-face consultations within COVID secure buildings • Prepare for longer-term increase in demand due to Covid • Ensure enhanced psychological support is available for all NHS staff
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STATUS KEY

	Significant issues, dates being missed, needs corrective action
	At risk, some issues, being managed, needs to be closely monitored
	On track, no issues
	Complete

Workstream	Milestone	Date	Status	Notes	Proposed Lead
Mental Health (Nick Lake / Simone Button)	Demand modelling across all areas of Mental Health and Learning Disability Services in Sussex and Hampshire (ChYPS)	31 July 2020		Completed. Work continuing with Primary Care MH to complete modelling	Chief Clinical Information Officer

	Development and use of a tool for each service area to enable prediction for the timing of expected peaks in 'MH Surpassed' demand	31 July 2020		Completed. Tool available and shared	Head of Performance
	Roll out across all services of a prioritisation matrix that provide standards for when patients can be seen virtually and where a Face to Face is required	31 July 2020		Shared with all operational services and adapted to CDS areas. (check where information captured and how/whether recorded in Carenotes)	Service Directors
	Identification of capacity required to meet demand and plans in place to meet this	31 August 2020		Key focus on looking at areas of priority in order to flexibly use the workforce to meet the increasing demand with options being explored on additional resource including use of third sector,	Service Directors
	Ensure all buildings are Covid-Secure through completion of Workplace Risk Assessments ensuring staff can safely return to seeing patients at their base	31 August 2020		[UPDATE 07-08-20] 66 Sites Visited. Majority Community buildings assessed. 30 sites fully signed off.	Director of Estates

	<p>Additional options for video consultations, group therapies to compliment Attend Anywhere and enable full remote working options</p>	<p>30 September 2020</p>	<p>[UPDATE 10-08-20] Options appraisal has been presented at digital board for platforms for group interventions which offer better functionality and are more cost effective than go to products. As we are not in a position to use Microsoft Teams further we have approval to pursue options relating to the secure, paid for version of zoom. This is currently with IG colleagues awaiting sign off. Dr Pannu and Beth Lawton both sighted to this critical issue. [UPDATE 09-09-20] Approval for proof of concept(POC) for Enterprise version of Zoom, expected to be “live” by the 3rd week of September with the following services initially:• Hampshire CAMHS • Sussex Mindfulness Centre• Sussex Research & Development• Adult Eating Disorder Services• I-Rock East Sussex (14-25-</p>	<p>Chief Digital and Information Officer</p>
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				<p>year olds Wellbeing Service)• Health in Mind(IAPT Services)• Hearing Voices GroupsFollowing a short POC an evaluation will be made on the suitability of Zoom for a Trust wide roll out as the functionality and potential cost effectiveness is significant.</p>	
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	<p>Development of Digital platforms that support care and treatment between appointments, e.g. MindDistrict</p>	<p>30 September 2020</p>	<p>[UPDATE 10-08-20] Digital Clinical Lead working with CDS's to develop QI projects where blended options of care are developed (face to face/video consultations/online interventions and resources to enhance treatment). These are all designed to be treatment options not website information. Digital team have funded and brought forward content building training so pilot sites can move forward with development work in August/September.</p> <p>[UPDATE 09-09-20] All content building training is now complete and the content building has commenced with the following projected digital therapies being available:</p> <ul style="list-style-type: none"> • Eastbourne ATS – Enhance treatment between initial assessment and Lead Practitioner – 	<p>Chief Digital and Information Officer</p>
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				<p>30/09/2020</p> <ul style="list-style-type: none"> • Acre Day Hospital – Enhanced integrated digital group treatment – 30/09/2020 • STEPPS(EI) – Digital version of personality disorder therapy – 30/09/2020 • YMCA – Enhanced CBT offering via Trusts third sector partner – 15/09/2020 • Hampshire CAMHS – Blended digital and face to face pathway – 14/09/2020 • Sussex CAMHS & I-Rock- Blended digital & face to face pathway for 14-24 year olds – 30/09/2020 	
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ChYPS(Alison Wallis)(last update 08-09-20)	Agree matrix for delivery model to ensure standard for which elements of work need to be delivered face to face and/or virtually	10 June 2020		Complete
	Publish Psychoeducation with all partners	12 June 2020		Complete
	Review and re-align A&E diversion pathways (Hants)	19 June 2020		Complete and on-going with LTP planning.

	Review and re-align A&E diversion pathways (Sussex)	30 June 2020		Complete and on-going with LTP planning. Planning for sustainability of in hours and out of hours phone line. Engaged with adult colleagues for creative solutions. U&E business case will enable sustainable 24/7 solution.
	Identification of information specific for known yp with ND conditions and cross check advice given in relation to potential differences in presentation (ie impulsivity)	30 June 2020		Completed, plus filming on 27th August93 C's (Challenges, Coping and Caring) will include ADHD/ASC/LD specific information. Will be available across Hampshire and Sussex, distribution already organised.
	Menu of short term interventions for 'Covid' cohort to be in place including prep for returning to school for existing cohort	31 July 2020		This will be filming, website info and work with partner agencies. This is on-going and has resourcing implications.
	Blended model of of support offer to include use of Attend Anywhere and Mind District	30 November 2020		On-going. We have active representation form both Sussex and Hampshire services. Should be in place November 2020. Minddistrict work was already started prior to COVID 19.

	Full use of the Thrive Model and covering all 4 quadrants (Advice, Help, More Help, Risk Support)	TBC		Completed and will continue into our Long Term Plan planning. Costings complete for Sussex and Hampshire. Funding not secured across the delivery systems but information discussed with CCG colleagues and system partners.
	Business Continuity planning and agreement across CDS	30 September 2020		
	Pro-active use of data to understand first impacts and extrapolation. D27:F33+C28	30 September 2020		On-going but on target
	Options for return to ASC face to face assessments	30 September 2020		On-going but on target
	Options for ADHD physical observations and assessments to return	30 September 2020		On-going but on target
	Reviewing the likely impact on use of masks including delayed discharge	30 September 2020		On-going but on target
	Prioritising teams/cohorts for booking face to face	September / October		On-going but on target
	Pro-active use of data to understand first impacts and extrapolation.	September / Ongoing		On-going but on target
	Assurance review of all urgent care lounges / Havens to be completed	26 June 2020		Based on Urgent Care 3rs update report 090720

<p style="text-align: center;">Urgent Care (Andy Lord)</p> <p>(last update 07/09/20)</p>	Data capture process to be in place to enable monitoring of activity to rapid assessment hubs (Urgent care lounges and Havens)	03 July 2020		Based on Urgent Care 3rs update report 090720
	Workshop with SECamb to outline technical approach to reconnecting SMHL and NHS 111. Timeframe for delivery to be established from this	10 July 2020		<p>No decision made. Meeting with senior representation scheduled for 14/08/20 which seeks to make a decision on how SPFT will reconnect with NHS 111 and therefore enable timeframe for delivery to be established.</p> <p>Decision made for SPFT to adopt all SECamb systems. Awaiting further meetings with SECamb to set timeframe for delivery.</p>
	Trusted assessor with ATS services for CRHT in place to increase CRHT capacity	1 st Sept 2020		
	Establish referral process and communicate with CRHT teams to utilise third sector Staying Well services to increase patient flow in CRHT and therefore capacity.	9 th Oct 2020		
	Set timeframe for SMHL - 111 integration with SECamb	18 th Sept 2020		To set timings for training, IT systems development, provision of SECamb laptops, accommodation of Nexus House and eventual go-live.

	Haven @ Worthing Hospital	30 th Sept 2020		Establish project plan for potential delivery of Haven @ Worthing Hospital
Acute (John Child) (to cross check with updated out of area placement plan)	Systematic, regular and effective review of patients in place to ensure earliest possible safe discharge (includes ward multi-disciplinary huddles, bed management calls, local authc engagement)			Date changed from June to July as per Acute 3rs report 080720
	COO led review of Operational Hub and decision as to whether to recruit to Deputy Director for Patient Flow	30 June 2020		Appointment of temporary workstream/programme lead resource for Patient Flow / Patient Pathway group- review of plan underway
	Refined Clinical Bed Management Policy signed off with effective communications in place with all the appropriate staff	30 July 2020		Date changed from June to July as per Acute 3rs report 080720
	Development of an effective Acute Dashboard using PowerBI	30 September 2020		Date changed to 30 Sept as per Acute 3rs report 080720
Community (Ruth Hillman) (last update 07-09-20)	Establish membership of place based groups	19/06/2020 30 September 2020		Place-based meetings are being re-established this month. PCN engagement meetings begin w/c 7 th September

Review Updated Out of Area Placement Plan

	Utilise model matrix to identify which elements of model need to be delivered face to face and which virtually	30/06/2020 30 September 2020		Draft matrix out for consultation. Should be completed by the end of September
	Review specifications and referral criteria	30 June 2020		Complete. A single set of referral criteria currently out for consultation
	Identify likely presentations using 'live' demand model	01 July 2020		The model is in place but needs to be utilised by teams
	Agree topics for 2020/21 submission of business cases	03 July 2020		Complete
	Begin Mindistrict pilot for those waiting for service	06/07/2020 30 September 2020		Due to begin September 2020

Learning Disability and Neurodevelopmental Services (Ruth Hillman) (last update 07/09/2020)	Develop a webinar/ training offer re LD/ ASC for 111 and other crisis staff	31 July 2020		In progress.
	Complete community f2f Guidance for staff working in Community Learning Disability and Neurodevelopmental Services for minimising exposure and transmission of Covid-19	07 September 2020		Agreed by GOLD as working draft with some amendments to include
	Implementing virtual falls assessments	30 September 2020		On track as part of menu of offer re falls
	Review of how services changed during pandemic and impact on service users and carers of people with a LD	31 October 2020		Draft survey in development

	Improve uptake of AHC - support implementation of pan Sussex CCG lead pathway	Ongoing		Updated pathway shared across teams , AHC check included in initial assessment updates . Responsibility sits with primary care . All clinicians to encourage and enable uptake for people on caseloads.
	Sign off and implement advanced care planning guidance (ACP) for community teams	complete		

Older People Mental Health Services and Dementia (Padma Dalby) (last update 07-09-20)	MAS - Fully functioning safe and effective Memory Assessment services running in West Sussex and HWLH which meet KPIs	30-Oct-20		Work has started to share learning from early implementation of remote MAS model with other areas. We need legal advice to support decision-making with regard to a training issue for one of the remote cognitive assessment tools being used.
	Community & Urgent Care - Put a plan in place to ensure any potential increase in referrals to SOAMHS community teams can be met through safe and effective clinical pathways	30-Oct-20		Consultation with teams is underway to understand the nature of referrals being received. Referral rates in SOAMHS teams are high. Work as part of Adult services continues to consider options if there is further surge.

	Acute- develop a plan with timescales to change integrated wards to older people's wards	31-Dec-20		Working group is scoping best service models and criteria. Further workstream meeting is being booked in.
	Care Homes- plan in place with timescales to contribute to meeting the psychological needs of Care Homes	30-Sep-20		CCG to urgently scope current input into Care Homes. Agreement with CCG to attend Care Homes webinar in East Sussex to consult with Care Home managers.
	Primary Care -pathways mapped with Primary Care and Wellbeing on support required for older people and carers	TBC		JCouche to advise as Primary Care CDS leading this work. PD attended Primary Care Recovery and Restoration meeting on 24/8/20 and JCouche is writing paper which will include SOAMHS.
	Digital - implementation of digital solutions which provide a safe and effective service that meet the needs of older people and people with dementia	31-Mar-21		SOAMHS focus group set up for September to explore remote vs direct working. SOAMHS digital working group is in process of being set up.
Primary Care and Wellbeing / IAPT (Claire Newman and	PCW to agree the appropriate face to face consultation decision making tool	Complete		Tool agreed, being uploaded to systems and face to face contacts will be reported on

<p>Juliet Couche) (last update 08/09/20)</p>	<p>Finalise the methodology for monitoring demand (volume, complexity, presentation) benchmark, current, SPC approach</p>	<p>30 September 2020</p>	<p></p>	<p>Modelling tool producing data for the Analytics Group, now including all services. CSU working on the analysis. Due September</p>
	<p>Finalise a surge dashboard for each service within PCW</p>	<p>30 September 2020</p>	<p></p>	<p>Underway, to be finalised during September</p>
	<p>IAPT Brighton contract Heads of Terms to be agreed and signed. Long Term Plan budget and estate costs to be finalised</p>	<p>Complete</p>	<p></p>	<p>Heads of Terms signed with CCG (core contract for 1st Sept 20 start) signed. Long term expansion being discussed in parallel and will be varied into the contract once agreed.</p>
	<p>Each service to review vacancies and establish a recruitment / backfill plan if additional capacity is required. To include additional treatment resource eg. IESO and Digital interventions</p>	<p>Complete</p>	<p></p>	<p>Workforce plans complete and recruitment underway where required</p>
	<p>Development of menu of treatment interventions for PCW priority groups</p>	<p>30 August 2020</p>	<p></p>	<p>Priority groups identified within each service and work around planning treatment interventions underway. Priority groups continue to be identified. Improved staffing levels enabling priority groups more timely access</p>
	<p>Mental Health Line Pathway in place to support prioritised</p>	<p>Complete</p>	<p></p>	<p>Complete</p>

	treatment and therapy for Health and Social Care staff			
	Mental Health Line widely promoted to Service Users, Carers, Health and Social care staff, and public across Sussex	Ongoing		Ongoing via comms team – not spec a PCW action
	Targeted promotion with Acute Trust of the availability of Psychological support	Complete		Completed for all Trusts
	New milestone: Psychological support for ICU COVID patients	30 August 2020		Complete for ESHT, underway with BSUH and ongoing discussion with Western
	Working with Primary Care Wellbeing CDS to predict future demand for Psychological support	30 August 2020		A modelling tool has been developed to inform demand and data from all PCW services is being incorporated into that currently. The tool will predict future demand alongside workforce capacity.
Wider System (Sophie Holmes)	Support in place to the End of Life pathway	Complete		See new 'Mental Health' led by Simone and Nick for system wide milestones