

## How to order your repeat prescription

This leaflet explains the different ways to order your repeat prescription in Sussex.

### The NHS App or online at [www.nhs.uk](http://www.nhs.uk)

Repeat prescriptions can easily be ordered using the NHS App and you can arrange to collect your medication from a pharmacy of your choice. You can order your prescription at any time that suits you and there's no need to call your surgery or wait until it opens.

You can find more information about how to order your prescription by searching online for the [NHS step-by-step guide to ordering repeat prescriptions](#).

Download the NHS App and create an account to get started.

Repeat prescriptions can also be ordered by logging into your NHS account on the NHS website.

Ordering your repeat prescriptions online is the quickest and most efficient way to get your medication.

For support to use the NHS App and for help to create an online account, please see the help and support pages at: [www.nhs.uk/nhs-app/](http://www.nhs.uk/nhs-app/)



## Register to use your GP's online system

At many GP practices, you can book appointments online, order repeat prescriptions, and view clinical records using the practice website.

Check your practice's website to see whether they offer this service. You will need to register to access these services first and you may need to wait a couple of days before you can get your prescription.

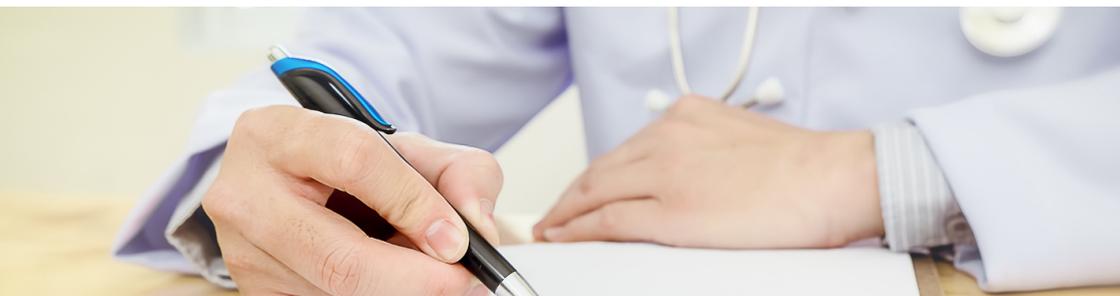
## Electronic Repeat Dispensing

Your GP may be able to send multiple requests for medicines to a pharmacy of your choice using Electronic Repeat Dispensing. This means you can collect your medicines from your pharmacy as you need them over time, without having to re-visit your GP.

This service is not available to everyone or for every medicine. Ask your surgery if you are eligible for this service and if they are able to offer it.

## In person at your GP practice

Almost all GP practices have a form to request a repeat prescription that you can hand to the reception team. Often you can download the form from your practice's website or ask a member of the reception team next time you visit the surgery.



## By post

Many practices allow you to post a request using their request form. If you need it posted back, they may ask you to provide a stamped self-addressed envelope as well. Remember, if you are using second class post, there could be a delay in receiving your request back. Check your practice's website for details.

## By phone

Some GP practices now offer telephone requests for repeat prescriptions. This service is often led by a pharmacist. Not all practices offer this service, so check your GP practice website for details.

## By email

Many practices have a form to download from their website which can then be emailed to the practice team. Check your practice's website for details.

# Your medication

Your GP or clinician will sometimes need to review your request to check that the prescription is still appropriate for you. They may ask you to make an appointment to discuss your request before it is approved.

This is because GP practices need to make sure the medicines they prescribe are still appropriate for you, and they also have a duty to reduce medicine wastage.

Please make sure you allow at least five working days between requesting your repeat prescription and the date when you need it.

### Accessibility

This information is available in Braille, large print, easy read or other languages on request.

