




Healthwatch in Sussex Mental Health Sector Connector Forums

Sector Connector Forums

- New Forums to link the VCS, private sector and experts with lived experience to statutory sector MH services and Commissioners
 - 3 place based mental health Forums - East and West Sussex and Brighton and Hove coterminous with Sussex CCG's
 - Forums to be convened and supported by local Healthwatch with Brighton and Hove coordinating
 - SPFT to support and enable the Forums
 - Each Forum to have a VCS representative on the Sussex mental Health collaborative:
 - East Sussex, Southdown Housing, Neil Blanchard
 - West Sussex, Katie Glover, West Sussex MIND
 - Brighton and Hove, to be agreed in collaboration with Community Works
 - Healthwatch Brighton and Hove to lead for Healthwatch in Sussex, David Liley
 - Experts with lived experience, Louise Patmore, SPFT to enable
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Sector Connector Forums - next steps

- Mental health Collaborative to confirm the governance supporting the Sector Connector Forums
- Resourcing for the Forums - Kings Fund/Lottery funding application in hand
- Share learning from the first Forums and build methods for continuing work between Forums
- Agree an agenda of work for the Forums supporting the Mental Health Collaborative
 - Digital consultations - impact, service redesign, digital disadvantage
 - Involvement of VCS and people with lived experience in Restore and Recovery
 - Assist the MH Collaborative to share information on current and future investments in MH services and to gather feedback to inform future decision making
 - Align the work of the Forums with other initiatives within the Sussex ICS e.g. Healthwatch in Sussex RoaR Programme, Care Home support work

Actions and issues B&H Forum

Brighton and Hove:

- MH collaborative VCS representative to be agreed in collaboration with Community Works
- Links to be established with Sussex wide review of CYP Review of Wellbeing and MH services - possible focus issue for a future Sector Connector Forum
- LA's and NHS are using different terms for the next phase of COVID response = Restore and Recovery, Recovery and Renewal, can these be aligned?
- Share the work of the digital Wellbeing hub provided by YMCA Downslink e-wellbeing.co.uk
- 70-80% of CYP with SEND mental health has deteriorated under virus lockdown
- Share the presentations from the Forums with those attending and wider community - local Healthwatch can publish on their websites and circulate links
- Further support required for the Arts - note Belltree Music Therapy service
- Increased anxiety in BAME communities, note www.mentivity.com wellbeing service
- BAME engagement in August being commissioned by Sussex CCG's lead - Jane Lodge, Associate Director, Engagement, more details to follow

Actions and issues B&H Forum

Brighton and Hove:

- Note Dr Rick Frazer, SPFT is leading work on Dual Diagnosis - those interested to make contact
- Need to triangulate and share insight and intelligence on COVID experiences, service user expectations and preferences for future service re-design. Note Healthwatch in Sussex RoaR [restore and recovery programme has 4 themes, Digital Consultations 4000 survey responses in hand and being analysed, Hospital discharge, Emotional and Mental Health, Care Homes] more information to follow
- Need to improve the involvement of experts with lived experience in future Sector Connector Forums - Louise Patmore, SPFT to advise, PH BHCC and local MH Commissioners for follow up
- Greater use should be made of third sector and links with MH specific and wider forms of support e.g. MH First Aid training, advice services and social prescribing

Actions & issues East Sussex Forum

East Sussex

- Written responses to many of these issues have already been captured in the notes from the Forum, attached, these will be published alongside the video of the Forum on the HW East Sussex website
- Further information should be provided on the Sussex Integrated Care System [ICS] and Integrated Care Partnership [ICP]
- Explanation provided of the Mental Health Collaborative - part of the response to the NHS Long Term Plan and key to Restore and Recovery, it is a wide collaborative involving the NHS, Local Authorities and VCS
- Information given about 'surge planning' - more detailed discussions with VCS to follow
- More work required to support for carers and draw them into the Forum
- No MH in-patient provision for children under 12yrs in Sussex, see meeting notes
- Mixed experiences reported from people using digital consultation methods, more work required see Healthwatch in Sussex RoaR Programme B&H Forum notes



Actions & issues East Sussex Forum

East Sussex

- Involving the private sector in Forums - more work required
- Issues in service redesign for people suffering digital exclusion, more work required - also see Healthwatch in Sussex RoaR Programme
- How are COVID-19 response initiatives being funded and what support is available for the VCS - see meeting notes but a further written response required

Actions & issues West Sussex Forum

West Sussex Forum

- Issues and questions + transcript of the Forum is attached and will be provide on the Healthwatch West Sussex web site. There is no video of this Forum, but there will be in the future
- Capturing how Forum members have been adapting and working during the virus period - Healthwatch West Sussex are conducting a survey, Community Works are doing similar work in Brighton and Hove, East Sussex Community Voice [hosts for Healthwatch East Sussex] Chair a group of VCS's in East Sussex and are also capturing this information
- How do we get Forum members involved in identifying and responding to gaps in service user engagement, including Primary Care, further work required and see Healthwatch in Sussex Sector Connector Feedback form - will be circulated and will be on all local Healthwatch in Sussex websites
- Healthwatch to arrange a 'digital in mental health' on line discussion also see Healthwatch in Sussex RoaR Programme in the B&H Forum feedback
- Need to share learning and experience as face to face service restart - risk assessment format available from Katie Glover, West Sussex MIND, Healthwatch West Sussex is happy to coordinate and share risk assessments across organisations

Actions & issues West Sussex Forum

West Sussex Forum

- SPFT - John Child to link those interested in discussions about Care Homes future need/demand for mental health need/support
- What is happening to the Safe Haven in Crawley - response required from Commissioners
- What is the current position on Local Community Networks [LCN's] and Primary Care Networks [PCN's] - response required from Sussex CCG's covering the whole of Sussex not just West Sussex
- More action required on service user involvement in the Mental Health collaborative, and the Sector Connector Forums - Louise Patmore, SPFT to advise
- Healthwatch to explore how mental health conversations and issues raised by Forums can be pursued between Forum meetings - action Healthwatch in Sussex and Jane Lodge, Sussex CCG's