

Sector Connector Chat

Maggie - Can I ask why the full 2-year DBT programme is not available in West Sussex? Apparently, it is very effective for people with EUPD - surely it would have huge cost savings in the long run.

Mark Trewin: Colin are you including the LA and LA commissioned services in the workforce planning?

John Routledge (Healthwatch East Sussex): Also, what about private sector services?

Louise Patmore: Plan, Do, Study, Act - a methodological approach to quality improvement.

Mark Trewin: Rethink is working with Sheffield on the VCSE alliance building format and coproduction development.

Louise Patmore: we have a housing workstream led by HACT with a variety of third sector involvement and LA interaction. looking at step up and down and rehab housing offers.

Louise Patmore: there is a green care alliance of VCSE working with people such as the wildlife Trust and smaller groups and there is a project about MH and access to downs land.

Maggie: Can I ask if Experts by Experience are included in the decisions that have been made?

Suzana Sheppard: 3rd Sector providers - Particular issue for me is about unpaid carers, who are friends or family members, who look after people with SMIs long term, occasionally into old age. These carers/people are essential in wellbeing of SMI diagnosed people. Integrated model sounds like the way forward.

Jackie Grigg: Colin - are you engaged with Community Works?

Tania Edge: Thanks Katy - Agree that more open conversations with regard to who is best placed to deliver what and how would be very beneficial and supportive for those in need of services that work for them.

Louise Patmore: there is, there are gaps Maggie, but things like the innovations fund are localised. the SMI health checks, for example, there is activity to increase the coproduction in that and other areas. the prioritisation has come

from nationally coproduced work, but the localised work has some way to go to work together to get this through.

Jayne Ross: it would be interesting to build in Test and Learn approaches with whole system collaboration in the transformation process and identify effective models:

Lorna - Care for the Carers: Hi Suzana, Care for the Carers has an upcoming mental health project that aims to fill the gap left by the ICE project. The project will enhance the existing support we provide to unpaid Mental Health Carers, giving us increased capacity to target and reach out to MH services who struggle to identify carers. Another component will be delivery of carer skills and education sessions to improve understanding of how MH systems work. If you would like to discuss the service further, please email Lornaj@cftc.org.uk

Jayne Ross: <https://www.sussexhealthandcare.uk/2020/12/review-highlights-key-role-of-voluntary-community-and-social-enterprise-sector-throughout-the-pandemic/>

Ian Harrison: Are there any conversations happening or plans to ring-fence money for people experiencing Multiple and Complex Needs/Multiple Disadvantages?

Katie Glover: Suzana - I am working with Sonia Mangan to make sure your organisation is more connected into this programme.

Colin Hicks: Just to say I will get a version of the presentation circulated to everyone, but my email is - colin.hicks1@nhs.net be great to pick up some of these conversations further.

Jayne Ross: Hi Colin I am here representing Community Works and we are working with Rachel Brett quite closely around the Transformation Programme.

Jim Deans: Colin Sussex Homeless Support are engaged with B&H Community Land in a project to deliver self-contained First Homes" Very simple easy to live in homes, spread all over the city and can be movable, hopefully to help with the real lack of safe accommodation. We are happy to see these used to stop the revolving door of homeless hostel>MHU> homeless hostel>MHU.

Tina Warnock: Thanks Katrina, I very much agree with you, coming from a small, very specialised CIC. I would like a clearer pathway for our music therapy services to follow to link with services beyond this kind of meeting.

Tania Edge: Absolutely David - thank you. It is so very important that services are designed with the service user and carer at the heart this for me means total inclusion of service users from the word go. Also, many people have endured mental health concern due to direct and indirect impact of covid - thus perhaps helping to reduce MH stigma - many more people are interested in becoming involved in transforming service to meet need and having their voice heard through coproducing service change. Every day I hear how people are feeling failed by the "system".

Katrina Broadhill: Good point Louise.

Katrina Broadhill: It's a big job that is repeatedly done. 111 has a DOS. LAs have various Information platforms etc.

Louise Patmore: Hello Katrina :-)

Louise Patmore: yes I am visiting loads to try and make sense of it. we need all organisations to focus step by step on the ICS from CCG comms to SPFT, VCSE to get sight of this. there are pockets that we can see, highlight and work with such as the MSI work and bring this to show to others what might work and work together but we do need to the together piece.

Louise Patmore: bigger organisations helping smaller ones and creating visibility.

Tania Edge: Hi Tina - what area do you cover please? - I am aware that one of the West Sussex MH hospitals were looking into provision of music therapy a few months ago - it may be worth contacting the OTs?

Louise Patmore: <https://www.sussexhealthandcare.uk/documents/>

Jayne Ross: Good point Tina - this was an issue raised last year in the Sussex research alongside the procurement issues. a view was that a collaborative approach between PH and CCG and VCSE to invest locally supporting the 'first responders' which also supports preventative approaches to health and care.

Louise Patmore: <https://www.england.nhs.uk/personalisedcare>

Tina Warnock: Thanks Tania, we are mainly Brighton and Hove but our therapists are based all over Sussex. My email is tinaw@belltree.org.uk

Caroline Ridley: An hour and a half well spent David Thank you

Maggie: Wonderful to hear.

Tania Edge: This meeting has been extremely valuable - thank you - the time has flown by! I would very much like to ensure that we at the CPT engage as we collaborate to “raise the bar”.

Louise Patmore: thanks Suzana

Martyn Howe: thanks everyone - very useful

Jackie Grigg: this may not be within the remit of the questions raised in this meeting, but we struggle with the sometimes very short deadlines for funding applications. Its sometimes very hard to develop partnerships in these timeframes.

Louise Patmore: and me as well. louise.patmore@sussexpartnership.nhs.uk
MH programme lead for participation.

Suzana Sheppard: Hi Colin these are my contact details Suzana Sheppard,
Mental Health Team, Carers Support West Sussex,
suzana.sheppard@carerssupport.org.uk 07900 742 176.

Katrina Broadhill: Thank you everyone for contributions.

Jayne Ross: Thanks David. very helpful

Libbi Hammond: Thanks so much this has been really useful :)

Tracy Hind: thanks very much folks

Lorna - Care for the Carers: Thanks all, take care