

Sector Connector – Mental Health Bulletin

Hi

Mental Health in Sussex has been busy since we met in Sector Connector Forums in July 2020.

This is our first Sector Connector Bulletin and the Headlines are:

1. **Vision 2025 – the ICS – Integrated Care System has a draft vision for 2025**, this is for all health and social care in Sussex not just Mental Health, have your say and read some initial feedback from Sector Connector activists
2. **How does the Sector Connector influence the system? Sector Connector representatives recently attended two key decision-making meetings:**
 - a. **The Mental Health Collaborative Board** – this is the ICS top committee on Mental Health, Chaired by Sam Allen the CEO of SPFT, the Mental health Trust and reports into the ICS Executive
 - b. **The Mental Health Restore and Recovery Meeting** – a key forum for linking SPFT and other service providers including the VCS to plan and coordinate mental health service restore and recovery – Chaired by Simone Button SPFT COO and VCS links to restore and recovery planning to be led by Dr Nick Lake, SPFT Director of Clinical Strategy

More information from these key meetings, and all the background papers are below and attached.

3. The inaugural **Service User and Carer Engagement Group meeting**, part of the work of the Sussex Mental Health Collaborative, will take place on **Thursday 1st October 2020**. This crucial group will be led and enabled by Louise Patmore, SPFT and ICS Patient Lead, we very much how this will provide a focus for service users and carers to input to Sector Connector
4. **Your Sector Connector representatives on the ICS Mental Health Collaborative:**
 - a. Neil Blanchard, CEO, Southdown Housing for East Sussex
 - b. Katy Glover, CEO, Coastal West Sussex MIND for West Sussex
 - c. Laura Williams, Community Works is helping us find a representative for Brighton and Hove
 - d. David Liley, CEO Healthwatch Brighton and Hove, is the Healthwatch Mental Health lead Sussex wide and facilitates Sector Connector Sussex wide
5. **Sector Connector Plans for the next year:**

Forum Meetings:

November 2020: Digital Consultations and digital exclusion in Mental Health Restore and Recovery

January 2020: ICS and NHS financial investment and planning in Mental Health

April 2020: Foundations for our Future – Sussex wide review C&YP's MH & Wellbeing Services, recommendations and implementation

July 2020: Community Mental Health Services for the future, Primary Care Networks, Community provision, Health inequalities

6. **A home for Sector Connector**

You can find all Sector Connector updates and mental health background documents & other resources on all the Healthwatch in Sussex websites, but our main home for the future online will be the new Sussex ICS Engagement HQ: <https://youtu.be/Fj7ok0pfn4A> and <https://yoursaysussexhealthandcare.uk.engagementhq.com/>

7. Future resources for Sussex Mental health Sector Connector

We have started Sector Connector with some seed corn funding to Healthwatch in Sussex from the Sussex ICS Mental Health Collaborative but to grow we need to generate some resources. We have therefore made an application for Funding to the Healthy Communities Fund provided by the Kings Fund and National Lottery. We got through the first screening of expressions of interest and have now submitted a funding proposal – a copy of which is attached. Not much collaboration sector wide on the funding application thus far and apologies for that, but if we get to the next round and have a 'site visit' there will be more opportunity for folks to get actively involved. Meanwhile if you have ideas or comments about the application or want to be more involved contact David Liley – david@healthwatchbrightonandhove.co.uk or 07931755343.

8. Pop up – Sector Connector active issues

All over Sussex people are meeting across agencies to help with COVID Restore and Recovery and deal with some more longstanding issues. Sector Connector provides a focus for some of this activity. Some of the current hot issues and contact people are listed below – don't wait to be spoon fed, if you have an interest contact these folks and get involved:

Digital consultations and digital exclusion: Dr Lester Coleman – lester@healthwatchbrightonandhove.co.uk see slides attached, more to come in the near future

Service users and carer issues: Louise Patmore – SPFT and ICS Mental Health, Patient Lead, louise.patmore@sussexpartnership.nhs.uk

Mental health and emotional support to Care Homes, residents and their families: Liz Mackie - elizabeth.mackie@escv.org.uk Katie Chipping NHS Sussex Commissioners, katie.chipping@nhs.net

Mental Health inpatient bed issues and future configuration – Katrina Broadhill, Manager, Healthwatch West Sussex katrina.broadhill@healthwatchwestsussex.co.uk

Foundations for our Future – Children and YP Mental Health and Wellbeing – putting young people at the centre of implementing the report recommendations - Katrina Broadhill, Manager, Healthwatch West Sussex katrina.broadhill@healthwatchwestsussex.co.uk

Patient transport services recommissioning engagement: Take the survey <https://wh1.snapsurveys.com/s.asp?k=159828142900>

Mental Health Oversight Boards – These are new 'place based' [jargon alert – place based means in a local CCG area – one each for East Sussex West Sussex and Brighton and Hove] CCG Boards for co-ordinating local mental health workplans they are Chaired by the CCG Managing Director in each local area and all have VCS representatives and some also have Healthwatch representatives. East and West Sussex have already started work, Brighton and Hove have yet to meet. Sector Connector will be encouraging the CCG's to publish the membership and paperwork from these Boards – nothing on the CCG websites so far, but its early days.

Mental Health Collaborative – key working groups [for details see the exception reports in the MH Collaborative Papers attached] contact details via jenni.pulkkinen@sussexpartnership.nhs.uk

Clinical & Care Strategy and Quality Group's task is to bring together national priorities, and locally identified priorities, to further refine and develop our SHCP ICS Mental Health Strategy – Dr Nick Lake

Mental Health Delivery, Planning and Transformation Group – Jessica Britton, Simone Button

Performance and assurance group – performance overview of place based and system plans – Charlotte O'Brian

Digital Enabler Group – To enable digital workstream development – Beth Lawton

Service user and carer engagement group – Liz Holland, Jane Lodge, Louise Patmore

Workforce enabler group – Gavin Wright

9. **The paperwork** – All the papers from the Mental Health Collaborative and MH Restore and Recovery Meeting

MH Collaborative: 24th September 2020

Agenda and Minutes

Action Log

Chairs Report – read this – lots of news to catch up on

Finance Group – read this – always follow the money, Phase III planning means the work being done by the NHS to get back to pre COVID levels of activity, particularly outpatient activity, Charlie Woods, NHS Sussex Commissioners is leading this work Sussex wide, not just Mental Health but all also physical acute hospitals also. Mental Health expected COVID surge likely to cost Sussex ICS £7m unclear of this will be funded. This report also includes a useful summary table for the planned MH Funding for 2020/21 to deliver the Mental health Investment Standard and Transformation requirements = total of £20m. Management consultants have been brought in to help the ICS be more transparent in their financial reporting – Sector Connector warmly welcome that aspiration, it would be great for the VCS to be consulted about how that could be achieved.

Key working groups reports – good if you have a specialist area of interest

Sector Connector Report + digital consultations – our section so best read these to keep up the date

3 Comms and engagement reports

Mental Health Restore and Recovery – 19th September 2020

Agenda and Minutes

Mental Health Milestones – timeline of actions to assist R&R

Principles for remote working vs Face to Face – the attachment is named Matrix – really useful to know what advice is being given to statutory sector workers

Data update – well worth reading – the demand in the Mental Health system is running hot with some evidence of higher than normal turnover of people in acute beds, more people in hospital for

shorter stays and more people needing longer hospital stays linked to dementia – perhaps indicating that its currently more difficult to provide support in the community?