

## COVID-19 VACCINATION

### Healthwatch website

We have created a dedicated webpage on the [Healthwatch Brighton and Hove website](#). Information is being released all the time and we are regularly updating this dedicated page as more information about the roll-out of vaccines is released. The website explains how the vaccines are currently being rolled-out and includes news and updates. In this bulletin we have included some of the most significant changes announced over the last week below.

Please visit the Healthwatch website [here](#) for more information.

### Contact us

Healthwatch is working with local NHS Clinical Commissioning Groups to ensure you get the information you need. If you have a specific question, please do get in touch at [office@healthwatchbrightonandhove.co.uk](mailto:office@healthwatchbrightonandhove.co.uk)

### Information to help you understand the vaccination roll out

You can access some answers to Frequently Asked Questions about the vaccine by clicking [here](#).

To help you understand more about the vaccination roll out and what to expect, a series of videos have been produced which are available below:

How will I get my jab? (animation) <https://www.youtube.com/watch?v=Bh4DLdKD6uw>

I have received a letter, what do I do? (animation)  
<https://www.youtube.com/watch?v=ame-eJ4RUSU>

How will I be invited? <https://www.youtube.com/watch?v=wtDEiOK46GM>

What is a vaccination centre? <https://www.youtube.com/watch?v=izprZWWYe9w>

### In addition:

[Click here](#) to access an Easyread guide to being vaccinated

[Click here](#) and [here](#) to access translated materials about the vaccine

[Click here](#) for British Sign Language resources

Have you had the COVID vaccine? We would like to hear from you about your experience. Please email [office@healthwatchbrightonandhove.co.uk](mailto:office@healthwatchbrightonandhove.co.uk)

Or contact the team leading the roll out [sxccg.commsresponseteam@nhs.net](mailto:sxccg.commsresponseteam@nhs.net)

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## A. Share 'Your Vaccination Story'

**Real stories can encapsulate the good work that is taking place and to tell the human side of a story.**

With the Sussex COVID-19 Vaccination Programme well underway, the team leading in the roll out are keen to tell the real stories of the people receiving their vaccination and those helping to deliver them.

If you would like to share your vaccination story to help promote the COVID-19 vaccination programme in Sussex and encourage others to get their vaccine, please get in touch using the ["Share Your Story" form](#).

Please send your completed form and any questions you may have to [sxccg.commsresponseteam@nhs.net](mailto:sxccg.commsresponseteam@nhs.net)

Or, if you prefer you can email Healthwatch at [office@healthwatchbrightonandhove.co.uk](mailto:office@healthwatchbrightonandhove.co.uk)

## (B) Book your jab

**Thousands of people are set to receive their vaccination in Sussex this week as teams across our services work to offer the vaccination to all those in the first four eligible groups by the middle of February.**

Up to 7<sup>th</sup> February, more than 380,000 people had received their first dose vaccination, including over 90,000 delivered in the last week of that period.

To ensure everyone has been offered the opportunity to have the jab, people aged 70 and over who have not yet been vaccinated and who would like to, are now able to contact the national booking service directly to arrange an appointment.

People can go online - [www.nhs.uk/covid-vaccination](http://www.nhs.uk/covid-vaccination)  
or call 119

The national booking service shows appointments at the larger vaccination centres and at the select pharmacy led services and allows patients to choose a time slot and location that suits them.

GP led vaccination services are also continuing to work this week, and their teams are contacting people in the eligible groups directly over the coming days to offer appointments at these local services.

If you have an appointment both through the national booking service and then through your local GP led team, please cancel the one you do not want so the slot can be used by someone else. To cancel your appointment through the national booking service, simply visit [Manage my appointments](#) and you will be guided to be able to cancel.

### (C) Information for people who have been recently vaccinated: reporting side effects

If you experience any side effects or adverse reaction following your vaccination, please report your symptoms via the Coronavirus Yellow Card reporting site by [clicking here](#)

Your report supports the Medicines and Healthcare products Regulatory Agency's (MHRA) ability to continuously monitor the safe and effective use of vaccines in this pandemic.



Vaccines are the most effective way to prevent infectious diseases and they save millions of lives worldwide. Like all medicines, vaccines can cause side effects. Some side effects can come to light when given to a larger number of people than took part in clinical trials however.

Reported reactions to the two COVID-19 vaccines have largely been mild or moderate in intensity and lastly for a few days after vaccination. The most frequently reported adverse reactions in trials were injection-site tenderness, injection-site pain, headache, fatigue, myalgia, malaise, pyrexia (fever), chills, arthralgia, and nausea; these were each reported in more than 1 in 10 people. These types of reactions reflect the normal immune response triggered by the body to the vaccines. The nature of reported suspected side effects has broadly been similar across age groups.

The Yellow Card scheme is part of a long-established UK system for collecting and monitoring information about suspected safety concerns involving medicines, vaccines, and medical devices.

**What happens after you submit a report?** The MRHA team will evaluate your report, alongside others received, to determine if the suspected side effects that you have reported have affected others. A team of safety experts which includes doctors, pharmacists and scientists will continually evaluate reports and consider other information, such as medical literature and data from international medicines regulators to help ensure that the benefits of the vaccine continue to outweigh any risks.

## Further information on this topic

### [Coronavirus \(COVID-19\) vaccine adverse reactions](#)

This weekly report covering adverse reactions to approved COVID-19 vaccines

### [Latest monitoring data confirms safety of COVID-19 vaccines](#)

Data published from UK's independent medicines regulator confirms approved vaccines meet strict regulatory standards for safety.

## (D) Supporting our communities

**As the team leading the roll out works to ensure that everyone in the first four priority groups has been offered the vaccination, they are working to reach and hear from some of our communities who experience health inequalities, and people who are experiencing barriers to accessing the vaccine.**

We have over 100 Vaccination Champions from communities across Sussex, who play a vital role in ensuring that correct information is shared through their networks and contacts.

Over the past week, the team have:

- Held meetings with partners and communities in Arun, Crawley and the Havens to talk about issues relating to accessing the Vaccine
- Planned partner and community meetings in Hastings and East Brighton in the next week
- Talked to BAME community members in Brighton and Hove about their questions on and experiences of the vaccine
- Talked to Patient Participation Group members in Hastings and Rother, and Eastbourne, Hailsham and Seaford, about vaccination
- Collected and reviewed insight from some of our groups and communities who experience health inequalities, including our BAME communities, carers, Gypsy Roma and Traveller communities and people with Learning Disabilities
- Produced a community briefing that drew together information on translated resources and support for our BAME and Faith communities
- Added to the translated resources on our website
- Discussed communication about the vaccine with members of our D/deaf community

The team are always happy to attend (virtually) any community meetings to hear people's experiences and answer questions- please contact us on [sxccg.publicinvolvement@nhs.net](mailto:sxccg.publicinvolvement@nhs.net)

The team are also putting into place measures to support people in accessing the vaccine, including:

- Collating and providing information in different languages and formats, including community languages, British Sign Languages and Easy Read
- Making sure there is access to community language and British Sign Language interpreting at vaccination sites
- Supporting options for transport in key areas where we know there have been issues, including some of our rural communities

- Working with Carers' organisations to develop specific communications for informal carers
- Providing information for older people who may be frail about access, waiting safely, how they may feel after the vaccine

We will share more on this in future issues.

## (E) Supporting our BAME communities



Asmat Roe is retired and remains very active in the local Black, Asian and Ethnic Minorities (BAME) community. She is involved in One Voice and Faith Groups and Muslim Women's groups, and was vaccinated at Brighton Racecourse in February.

Asmat was very keen to have an invitation for vaccination, to help protect her, her family, and her wider community. Like others, she was asked not to contact her GP to ask for the vaccine but received a call when it was her turn for an appointment. The timing of when people will get the vaccination depends on the availability of the vaccine and the priority group they are in, which is set by the national Joint Committee on Vaccination and Immunisation (an independent expert advisory committee).

Asmat was invited to the Brighton Racecourse GP led vaccination service, which offers local people a safe environment to receive their vaccination, in an accessible location served by good road and public transport links.

After being vaccinated Asmat said: *"It is a real weight off of our minds. When I got the call for my appointment, I was absolutely up for it, and when I had the vaccination it was really easy and the whole process was really good, with everyone involved very helpful. I'm happy my husband and I have had our vaccination, but we know we must still follow the rules and be careful, while the pandemic continues. I get the flu jab each year and have always had good advice from doctors my whole life, so would encourage everyone to get their vaccination when invited, as we all have to do everything we can."*

[Translated COVID-19 materials](#)

[Watch a video about the racecourse](#)

## (F) Brighton Racecourse

**The Brighton Racecourse GP led vaccination service has now protected more than 10,000 people who were at the greatest risk of severe illness or dying from catching COVID-19, offering further local support in the NHS fight back against coronavirus.**

The [Brighton Racecourse](#) vaccination centre offers local people a clean, clinical environment to receive their vaccination, in an accessible location served by established road and public

transport links.

The milestone comes after arrangements were put into place in January for all patients registered with GPs in the city to receive their COVID-19 vaccination at Brighton Racecourse. The GP practices in Brighton and Hove and East Sussex have worked closely with the Brighton based healthcare social enterprise, [Here \(Care Unbound\)](#), who have coordinated the Brighton Racecourse site, from planning and operations, to clinical recruitment and appointment bookings.

The Sussex vaccination programme is in full swing and reaching this significant milestone at the Racecourse site is a testament the hard work and dedication of health and care staff, and volunteers.

A significant number of the first priority cohorts have already received their vaccinations, and more do so every day. We do ask everyone to recognise this is the largest vaccination programme ever undertaken and it will take some time to get to everyone.

Find out more about the roll out of the [COVID-19 vaccination programme in Sussex](#).

## **(G) Help travelling to a vaccination site**

**There are a number of options to help you travel to have your vaccination, and park there at vaccination site.**

**The Brighton Centre** is accessible by public transport and there are a number of public car parks nearby. Anyone receiving their COVID-19 vaccination at the Brighton Centre will be entitled to one hour's free parking in the Churchill Square Orange Car Park. The 1 hour/60mins free parking begins from the minute you enter the car park. Any additional parking will be charged at normal rates. Please follow these instructions to claim your hour's free parking while you have your vaccination:

- Park in the orange car park (Churchill 1), which is located in Regency Road East, BN1 2RU. The vehicle height restriction is 2.13 meters
  - Enter the car park via lane 1 (left hand lane)
  - On arrival take a ticket from the car park barrier
  - Explain to the Churchill Square Security Officer that you are attending the Brighton Centre for a COVID-19 vaccination. You will need to provide proof of vaccination appointment for that day (showing the confirmation you have received on your phone is fine).
  - The security officer will then validate your ticket.
- **NHS Volunteer Responders** 8am to 8pm, 7 days a week, phone number **0808 196 3646**. (There could be up to 15/20min wait for the call to be answered due to demand).
  - **Age UK National are partnering with Uber** and will cover the cost up to £15, for anyone travelling to and from one of the 7 original mass-vaccination sites. You will need to download the Uber app on your smartphone and from the top left menu,

select a promo code for the site you are travelling to. More information is available [here](#).

- **Brighton buses.** In partnership with local councils, they are accepting concessionary passes for travel 24-hours a day, until further notice, to help those travelling to vaccination centres. They have also introduced a live journey planning tool so you can see how busy your bus is and you can decide whether to travel or to wait for the next bus instead <https://www.buses.co.uk/how-busy-my-bus>
- **Brighton City Cabs** are offering free taxi travel to those aged 80+ to get to their vaccine appointment at Brighton racecourse. Passengers must live within the Brighton boundary (Longridge Ave, Saltdean - Portslade). Brighton City Cabs will also cover the return trip. Call 01273 205205 to book.

## (H) Behind the scenes at a GP-led vaccination site

This short video gives us a peek into the preparations involved every morning at our GP-led vaccination sites across Sussex, with footage kindly provided by Charlotte Luck, who is the Practice Manager at The Meads Surgery in Uckfield.

Staff and volunteers at all vaccination sites are working incredibly hard to get everything ready and make sure that this programme runs smoothly and safely in order to protect as many local people as possible from coronavirus.

[Watch the video here](#)

## (I) Updated questions and answers

A full FAQ is available here:

<https://www.sussexhealthandcare.uk/keepsussexsafe/sussex-covid-19-vaccination-programme/faqs-about-the-covid-19-vaccine/>

*I am a full-time informal carer and understand I will be vaccinated in priority group 6. Can you tell me how the vaccination services will know that I am a carer and to call me with other group 6 people?*

We are currently working with the main carers organisations across Sussex to determine how informal carers will be identified. If you are a member of any carers organisations they will be able to advise you nearer the time, however if not, we would advise you to keep an eye on your local carers organisation's website for updates. These organisations are as follows:

Carers Centre for Brighton and Hove - <https://www.thecarerscentre.org>

Care for the Carers, East Sussex - <https://www.thecarerscentre.org>

and Carers Support West Sussex - <https://www.carerssupport.org.uk/>

### ***Can I have an allergic reaction to the vaccine?***

As with all vaccines, it is possible to have an allergic reaction to one or more of the ingredients. Fortunately, these are very rare with the COVID-19 vaccines.

The vaccines being offered by the NHS have met the strict standards of safety, quality and effectiveness set out by the independent Medicines and Healthcare products Regulatory Agency (MHRA). Any coronavirus vaccine that is approved must go through all the clinical trials and safety checks all other licensed medicines go through. The MHRA follows international standards of safety.

So far, over ten million people have been given a COVID-19 vaccine in the UK alone, and reports of serious side effects, such as allergic reactions, have been very rare. No long-term complications have been reported. Clinical screening before the vaccination is given reduces the risks of any adverse reaction.

Getting your COVID-19 vaccination is one of the best defences against the virus. It should help reduce the rates of serious illness, reduce pressure on the NHS and social care services, and above all, save lives.

### ***I am eligible for the vaccine but haven't heard anything, what should I do?***

To ensure everyone has been offered the opportunity to have the jab, people aged 70 and over who have not yet been vaccinated and who would like to, are now able to contact the national booking service directly to arrange an appointment. People can go online - [www.nhs.uk/covid-vaccination](http://www.nhs.uk/covid-vaccination) or call 119.

The national booking service shows appointments at the larger vaccination centres and at the select pharmacy led services and allows patients to choose a time slot and location that suits them. GP led vaccination services are also continuing to work this week, and their teams are contacting people in the eligible groups directly over the coming days to offer appointments at these local services.

If you have an appointment both through the national booking service and then through your local GP led team, please cancel the one you do not want so the slot can be used by someone else.

To cancel your appointment through the national booking service, simply visit Manage my appointments and you will be guided to be able to cancel.

### ***Why have some people who had their first dose vaccination after me been given their appointment for their second vaccination and I have not received mine yet?***

Different vaccination services are working in different ways. If you book through the national booking service to arrange an appointment at one of the larger vaccination centres or a pharmacy led service, then you will be asked to book a date for your first and second vaccination. If you have your vaccination through the local GP led vaccination services, you



will have your first vaccination appointment arranged, and then you will be contacted again to arrange your second appointment. People should not be concerned as they will definitely be invited for their second vaccination before the end of the 12-week interval period.

***I am not sure whether I should be in priority group 4, ‘clinically extremely vulnerable’ or priority group 6, ‘at risk’?***

Most people who are classed as ‘clinically extremely vulnerable’ will have received a letter from the NHS instructing them to ‘shield’. However, there will be people who have only recently become ‘clinically extremely vulnerable’ and may not yet have received a letter.

We would advise you to take a look at the information on the government website via [this link](#), and if you believe you may fall into this category, please contact your GP surgery to discuss your situation with them. People who have certain underlying health conditions are classed as ‘at risk’ and in priority group 6, and the main groups can be seen [here](#).

***Do the vaccines work against different strains of the virus?***

We know that the vaccines currently being given by the NHS appear to work well against the strains of COVID-19 that are dominant in the UK. That is why medical experts encourage eligible people to get their vaccine as soon as they are offered it, because it will prevent the risk of illness from the strains that pose an immediate threat.

For strains that are dominant in other countries or are yet to emerge, the current vaccines may be less effective at preventing infection, but some evidence suggests they could still be just as effective at preventing serious illness, hospitalisation, and death. It may be that updated vaccines or booster jabs are developed in the future. In the meantime, the clinical advice remains that people should get the vaccines that are shown to protect against the strains that pose the greatest risk right now.

***Can I get the vaccine if I’m not living at my usual address?***

Any resident registered temporarily with a Sussex GP practice is entitled to receive their vaccine through that practice. They will be included in the correct priority group and invited for vaccination as appropriate. If you are not registered with a practice you should call your nearest practice to register as a temporary resident.

If a person has registered but their temporary registration has ended, or the practice has closed its list, they can call this number for help: NHS England Customer Contact Centre on 0300 311 22 33.

***Will I miss my vaccination if I am in hospital?***

If you are in hospital when you become eligible for your vaccination, you will be able to have it when you are discharged. It does not matter if the next priority group is already being vaccinated; everybody eligible will be able to have the vaccine. However, if you were

in hospital with COVID-19 you must wait until at least four weeks after the onset of symptoms or the date of your first positive COVID-19 test.

When you are out of hospital you can call your GP to inform them that you are now ready to have the vaccination, and they will arrange for you to have an appointment at your local GP-led service. Alternatively, you can book online or by telephone to have your vaccination at a large vaccination centre. Visit <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/> or dial 119 to book.

## (J) Latest vaccination data published

As a city we remain on course to vaccinate the top four priority groups by mid-February, in line with the national target. [See the full latest data on the NHS England website](#)

In the latest data up to 4<sup>th</sup> February 2021 in Sussex

- Over 375,000 doses of the COVID-19 vaccination have been delivered.
- 100,911 people over the age of 80 in Sussex have received their first dose. This is the fourth highest total in England and all the more impressive in the context that Sussex has one of the highest over 80s populations in the country. By 7<sup>th</sup> February, 90% of over 80s had received their first dose, along with around 80% of the 70-79 year old population.
- In addition, over 130,000 people under the age of 70 have been vaccinated, including clinically extremely vulnerable people and eligible health and social care workers.

Our current position is:

**Priority 1 - Residents and staff in a care home for older adults** - all older peoples care homes have received first dose vaccinations with the exception of a small remainder of homes who have been deferred due to an outbreak. Vaccinations for these homes have been scheduled.

**Priority 2 - Frontline Health and social care workers and aged 80+.** Front line NHS staff have received first dose vaccination and we are working to ensure that remaining social care staff vaccinations are completed by February 15th. The majority of people aged 80 and over have been completed, with the remainder expected in the next two weeks.

**Priority 3 - Aged 75-79.** 84.9% of those aged 75-79 have received the first dose vaccination in Brighton and Hove. The remainder of the cohort is expected to be completed by February 15th.

**Priority 4 - Aged 70-74 and Clinically extremely vulnerable individuals** - 75.4 % of those aged 70-74 have received the first dose vaccination and the remainder of this cohort is expected to be completed by February 15th. We have identified those who are clinically extremely vulnerable and to date 56.6% have been vaccinated with the remainder are being actively invited for an appointment this week.

11 /02/21	Sussex		Brighton and Hove	
Priority group	First dose	%	First dose	%
Age 80+	101,612	90.4%	9,725	83.3%
Age 75-79	69,584	89.8%	6,604	84.9%
Age 70-74	79,824	76.8%	8,499	75.4%
Clinically extremely vulnerable individuals	48,097	74.3%	5,388	56.6%

## How to get your vaccine - in different languages

English	To book your COVID-19 vaccination appointments go to <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> or phone 119 which will have interpreters available on request.	For more information in other formats, and languages other than English, go to: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Arabic عربي	، انتقل إلى COVID-19 لحجز مواعيد اللقاح ضد <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> أو اتصل برقم 119 الذي سيوفر مترجمين فوريين عند الطلب.	لمزيد من المعلومات بتنسيقات ولغات أخرى غير الإنجليزية، انتقل إلى <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Bengali বাংলা	আপনার কোভিড-১৯ টিকার অ্যাপয়েন্টমেন্টের বুকিং এর জন্য <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> এ যান বা ১১৯ নম্বরে ফোন করুন যেখানে অনুরোধ সাপেক্ষে দোভাষী পরিষেবা সুবিধা পাওয়া যাবে।	অন্যান্য প্রকরণ এবং ইংরেজী ব্যতীত অন্য ভাষাতে আরও তথ্য পেতে এখানে যান: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Spanish Español	Para reservar sus citas de vacunación contra la COVID-19, vaya a <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> o llame al teléfono número 119, donde tendrá intérpretes disponibles previa solicitud.	Para obtener más información en otros formatos e idiomas distintos del inglés, visite: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Farsi فارسی	برای رزرو قرارهای واکسیناسیون کووید-19 خود به <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> مراجعه کرده یا به شماره 119 زنگ بزنید که بنا به درخواست، مترجم همزمان در اختیار دارند.	برای اطلاعات بیشتر در فرمت‌های دیگر، هر زبان دیگر به غیر از انگلیسی، به اینجا مراجعه کنید: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>

Gujarati ગુજરાતી	તમારી કોવિડ-19 રસીકરણની એપોઇન્ટમેન્ટ બુક કરવા માટે <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> પર જાવ અથવા 119 પર ફોન કરો જેઓ વિનંતી કરવાથી દુભાષિયા ઉપલબ્ધ કરાવી આપશે.	ઇંગ્લીશ સિવાયના અન્ય સ્વરૂપો અને ભાષાઓમાં વધુ માહિતી માટે, અહીં જાઓ: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Hindi हिन्दी	अपनी COVID-19 टीकाकरण अपॉइंटमेंट की बुकिंग करने के लिए <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> पर जाएं या 119 पर फोन करें जहां अनुरोध पर दुभाषिए उपलब्ध होंगे।	अन्य प्रारूपों, और अंग्रेजी के अलावा अन्य भाषाओं में अधिक जानकारी के लिए इस वेबसाइट पर जाएं: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Kurdish سۆرانی	بۆ سازکردنی مەوعید بۆ کۆتان دژی کۆڤید-19 <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> سەردان بکە بۆ یان تەلەفون بکە بۆ 119 کە وەرگیرێ زانیان ھەمە بە داواکردن	بۆ زانیاری زیاتر بە شیوازی تر، وە بە زمانی تر: جگه له ئینگلیزی، سەردان بکە بۆ <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Nepali नेपाली	तपाईंको COVID-19 खोप एपोइन्टमेन्ट लिन <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> मा जानुहोस् वा 119 मा फोन गर्नुहोस् जहाँ अनुरोध गर्दा दोभाषेहरू पनि उपलब्ध हुनेछन्।	अन्य स्वरूप, र अङ्ग्रेजी बाहेक अन्य भाषामा थप जानकारीका लागि, यहाँ जानुहोस्: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Punjabi ਪੰਜਾਬੀ	ਆਪਣੀਆਂ ਕੋਵਿਡ-19 ਟੀਕਾਕਰਨ ਅਪਾਇੰਟਮੈਂਟਾਂ ਬੁੱਕ ਕਰਨ ਲਈ <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> 'ਤੇ ਜਾਓ ਜਾਂ 119 'ਤੇ ਫੋਨ ਕਰੋ ਜਿੱਥੇ ਬੇਨਤੀ ਕਰਨ 'ਤੇ ਦੁਭਾਸ਼ੀਏ ਉਪਲਬਧ ਹੋਣਗੇ।	ਹੋਰ ਫਾਰਮੈਟਾਂ ਅਤੇ ਅੰਗਰੇਜ਼ੀ ਤੋਂ ਇਲਾਵਾ ਹੋਰ ਭਾਸ਼ਾਵਾਂ ਵਿੱਚ ਵਧੇਰੇ ਜਾਣਕਾਰੀ ਲਈ, ਇਸ ਵੈੱਬਸਾਈਟ 'ਤੇ ਜਾਓ: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Polish Polski	Aby umówić wizytę na szczepienie przeciwko COVID-19, należy udać się na stronę <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> lub zadzwonić pod numer 119, pod którym na żądanie dostępni są tłumacze ustni.	Więcej informacji w innych formatach i innych językach jest dostępna na: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Romanian Română	Pentru a vă programa pentru vaccinarea împotriva COVID-19 accesați <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> sau apelați numărul de telefon 119, care vă poate pune la dispoziție interpreți disponibili la cerere.	Pentru mai multe informații în alte formate și alte limbi în afară de limba engleză, accesați: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>

Somali Soomaali	Si aad u qabsato ballantaada tallaalka COVID-19 aad <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> ama taleefoon u dir lambarka 119 khadkaas oo laga heli karo turjubaano marka la weydiisto.	Macluumaad dheeraad ah oo ku saabsan qaabab kale, ama luqado kale aan Ingiriis aheyn, aad: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Albanian Shqiptare	Për të rezervuar takimet tuaja të vaksinimit COVID-19 shkoni në <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> ose telefononi numrin 119 i cili do të ketë në dispozicion përkthyes sipas kërkesës.	Për më shumë informacion në formate të tjera dhe gjuhë të tjera përveç anglishtes, shkoni te: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Tagalog Tagalog	Para mai-book ang iyong mga appointment sa pagpapabakuna laban sa COVID-19, pumunta sa <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> o tumawag sa 119 na kung saan may maaaring tumulong na mga interpreter kapag hiniling.	Para sa higit na impormasyon sa iba pang mga format, at mga wika maliban sa Ingles, pumunta sa: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Urdu اُردُو	کوویڈ-19 کے حفاظتی ٹیکے لگوانے کے لیے اپنی اپوائنٹمنٹ بک کرنے کے لیے <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> پر جائیں یا 119 پر کال کریں جہاں پر درخواست کرنے پر مترجم دستیاب ہوں گے۔	دیگر فارمیٹس، اور انگریزی کے علاوہ دیگر زبانوں میں معلومات کے لیے جائیں: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Chinese 中文	欲预约您的 COVID-19 疫苗接种，请访问 <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> 或拨打 119，可根据要求提供口译员服务。	欲获其它格式及英语以外其它语言的更多信息，请访问： <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>



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