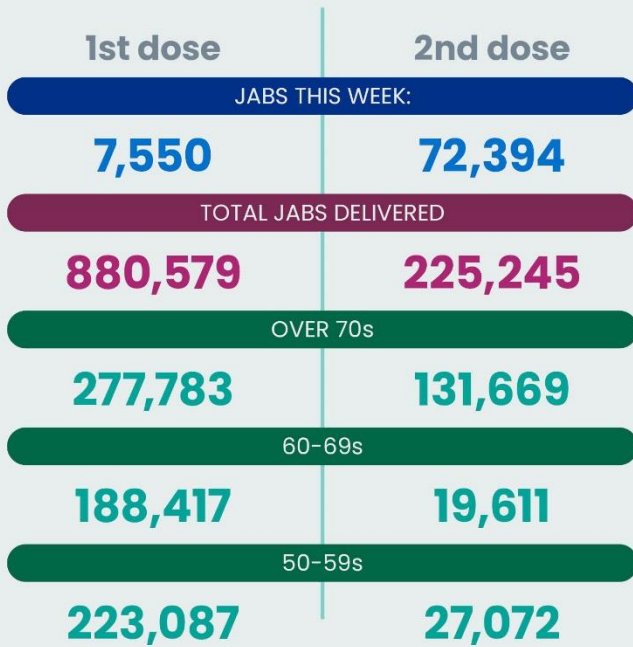


COVID-19 VACCINATION

Progress at a glance

**COVID vaccinations
in Sussex**
Total jabs: 1,105,824



This data is the latest official national data on vaccinations published on April 15 it covers vaccinations given up to 11 April 2021.



**How
are we
doing**



WHO IS ELIGIBLE:

- ✓ Anyone aged 45 and over
- ✓ Those who are clinically extremely vulnerable and those with underlying health conditions
- ✓ Unpaid carers
- ✓ Health and social care workforce

OUR PROGRESS:

- ✓ We are on track to have offered an appointment to everyone in priority groups 1-9 by mid April
- ✓ We have started providing second dose appointments and people will have their vaccine at around 12 weeks from their first vaccination

CORONAVIRUS

**KEEP
SUSSEX
SAFE**

Latest update on the AstraZeneca vaccine



Since the start of the pandemic over 4 million COVID-19 infections have been confirmed in the UK causing more than 120,000 deaths.

Over 30 million people have received their first dose of COVID-19 vaccine since the start of the programme, which Public Health England (PHE) estimate has prevented at least 6,000 deaths in the first three months of 2021.

Analysis of infection data since the introduction of the COVID-19 vaccines in the UK demonstrates that vaccination is highly effective and substantially reduces the risk of infection and severe COVID-19 disease.

All medical treatments have potential harms as well as potential benefits.

Recent reports of an extremely rare condition involving the Oxford/AstraZeneca vaccine and blood have understandably left some people with questions. For the vast majority of people the benefits of being vaccinated far outweigh the risks of blood clotting.

> [Read more about the update and what you should do about your vaccination](#)

Am I likely to suffer any side-effects from receiving the vaccine?

Most side effects of the COVID-19 vaccine are mild and should not last longer than a week.

These include:

- a sore arm where the needle went in
- feeling tired
- a headache
- feeling achy
- feeling or being sick
- If you have a high temperature you may have coronavirus or another infection.

If your symptoms get worse or you are worried, call 111.

Serious side effects are very rare. If you do experience any of the following from around 4 days to 4 weeks after vaccination you should seek medical advice urgently by calling 111:

- shortness of breath, chest pain, leg swelling or persistent abdominal pain
- a new, severe headache which is not helped by usual painkillers or is getting worse
- a headache which seems worse when lying down or bending over or
- an unusual headache that may be accompanied by:
 - blurred vision, nausea and vomiting
 - difficulty with your speech
 - weakness, drowsiness or seizures
- new, unexplained pinprick bruising or bleeding.

You can call NHS 111 for expert help and advice 24/7, and guidance on where to go for further help if you need it.

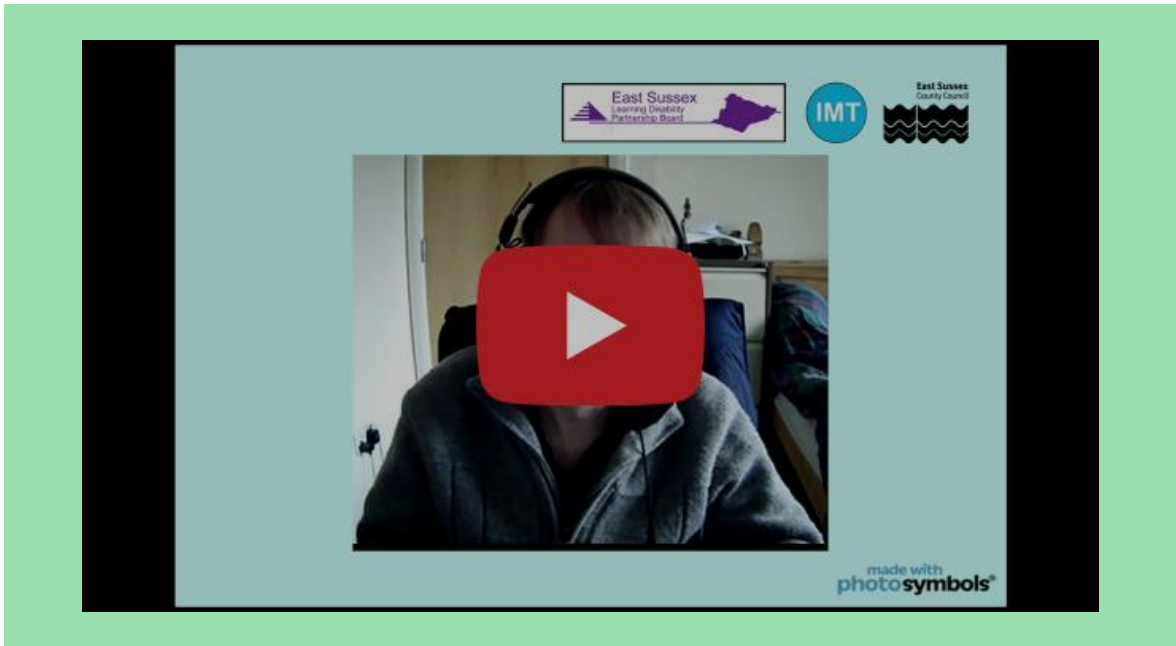
More than 8 out of 10 people with Learning Disabilities now vaccinated

We have now vaccinated more than 84% of people with Learning Disabilities across Sussex.

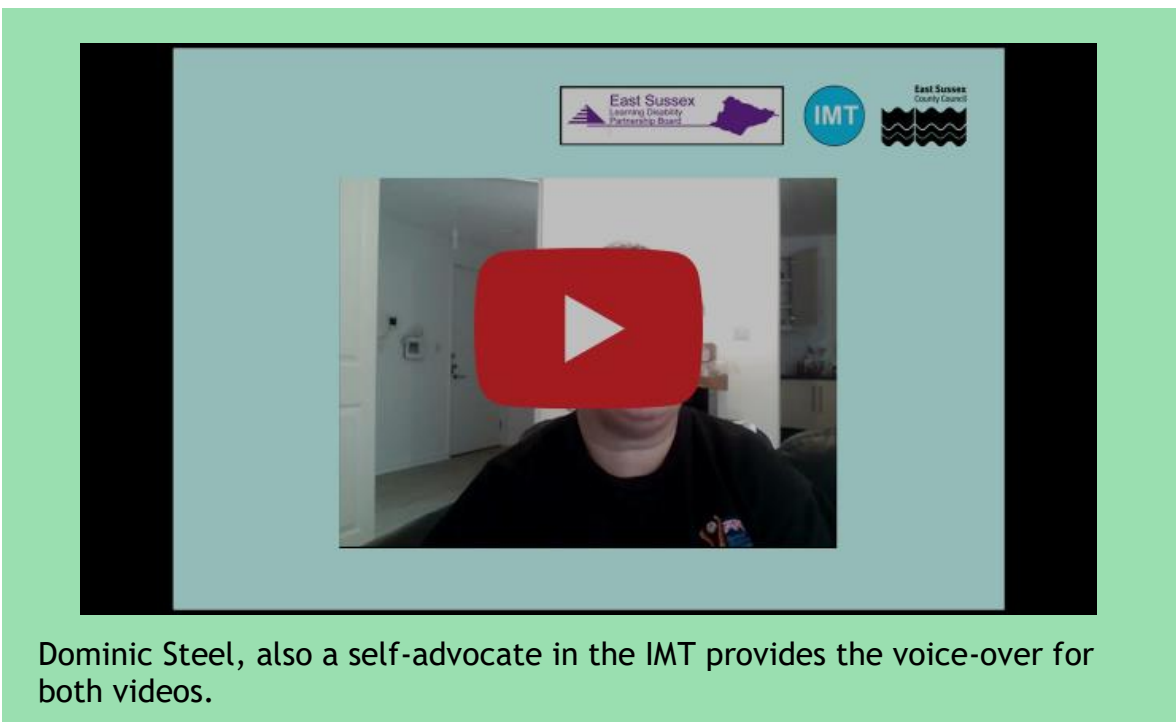
This is a significant achievement and is thanks to close work between vaccination services, local authority partners, community and voluntary partners and our communities.

A group of self advocates who have a learning disability in East Sussex are working to encourage everyone to have their vaccine.

Tim, Daniel, Sonia and Graham telling us about their experiences of getting the vaccine:



The second video shows representatives from IMT, Sarah and Sonia talking about the GP Learning Disability Register and the vaccine:



Dominic Steel, also a self-advocate in the IMT provides the voice-over for both videos.

Further support to increase uptake with a Quiet Session this weekend

A dedicated 'Quiet COVID-19 Vaccination Session' for people requiring their first dose COVID vaccination is planned for this weekend in the city.

It is taking place at the Brighton Centre on Saturday 17 April from 4.30-7pm.

This Quiet Session is being offered to people living in Sussex who is eligible and are over 30 years old who may need more time for their appointment, or who have extra access needs where a quieter and calmer environment would help support them to receive their vaccination, including:

- People with learning disabilities
- People with autism
- People living with a neurodiverse condition
- People living with a Dementia and/or Alzheimer's

[Read more](#)

Vaccination ambulance ready to visit the city this Friday



The community team reaching out to those who are eligible and yet to have their vaccine hits the road again this week.

This week the COVID-19 vaccines are being given in the community at:

- **Car park at St Peter's Church**, York Place, Brighton, BN1 4GU
- 10:30am to 2:30pm
- Friday 16 April 2021

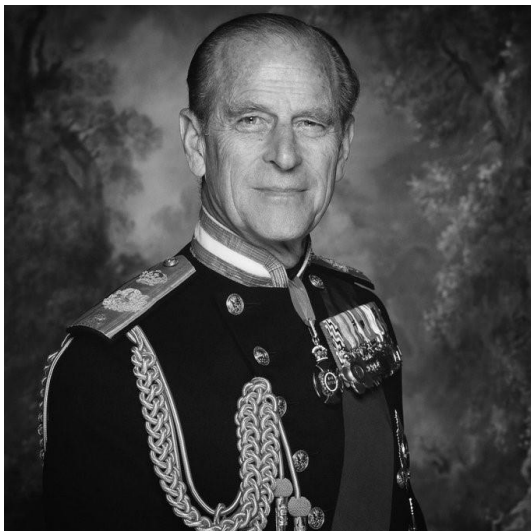
Pre-booked appointments are available for anyone eligible. Limited drop in appointments are also available.

Anyone over the age of 45 years old is now eligible for the free vaccination in the community, along with those who are aged under 50 and have a serious long term health issue, and unpaid carers.

If you are eligible and are yet to receive your vaccination, simply call 0300 303 8060 to book your appointment with this community service this week.

Getting the vaccine in the community is easy; just bring one form of ID (photo ID not required) and NHS number, if known. The sessions included a mix of pre-booked vaccination appointments and people dropping in.

Vaccination services this Saturday



To mark the death of His Royal Highness The Duke of Edinburgh there will be a national one minute silence at 3pm on Saturday 17 April.

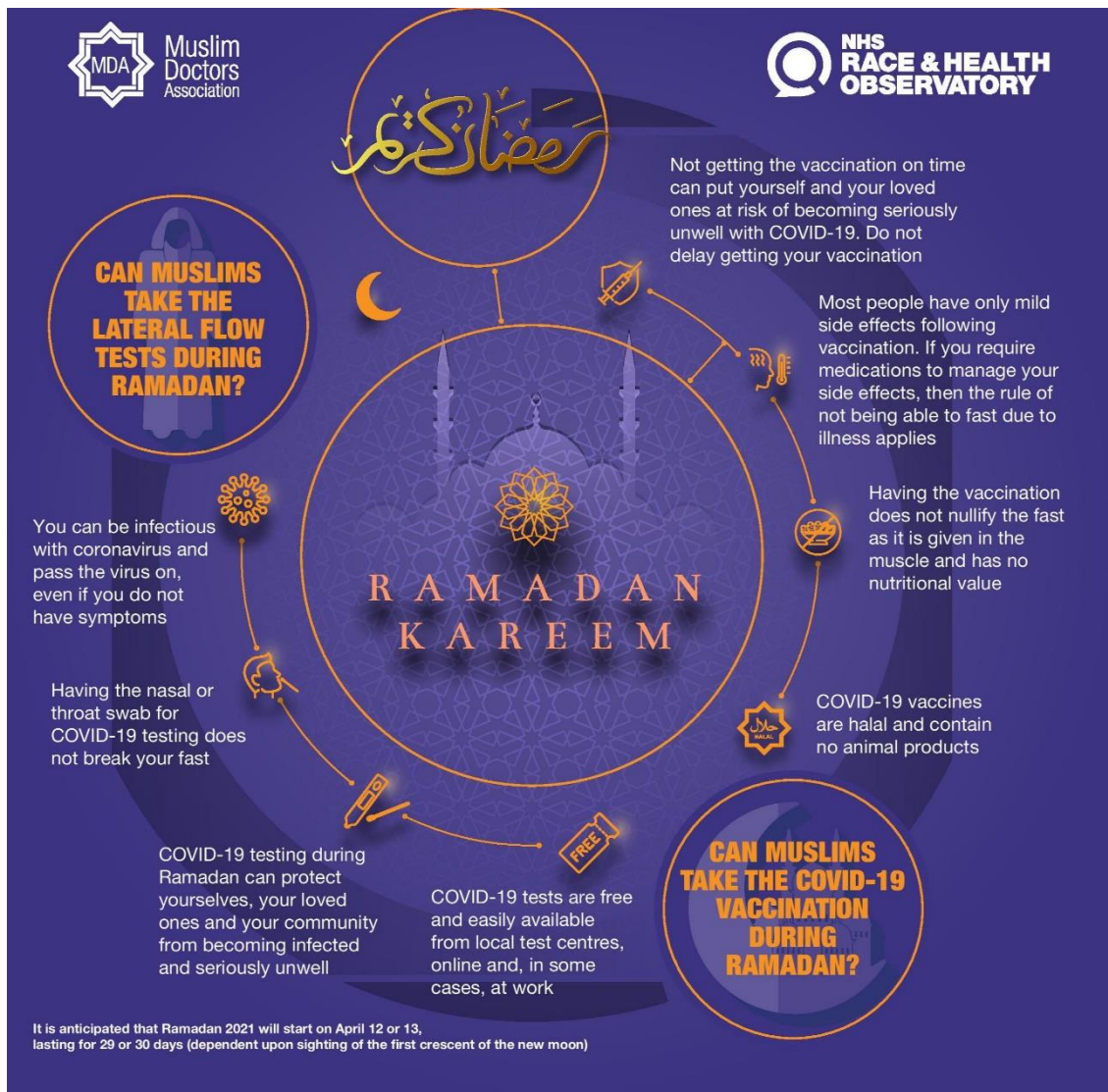
Covid-19 vaccination sites across East Sussex will continue to offer vaccines this Saturday to those who have appointments.

If you have an appointment, whether for your first or second dose, it's really important that you attend it as planned. Where possible our vaccination sites will pause for two minutes as a mark of respect at 3pm.

Have your Covid-19 vaccination during Ramadan to help save lives

Fasting plays an important feature in Islam, as it does in many other religions. In Islam, adult Muslims, who are able to, are required to fast during the month of Ramadan. This year is different due to the COVID-19 pandemic.

As COVID-19 testing and vaccination appointments continue during the fasting month, and the new lateral flow test is now available nationally, some Muslims have raised questions. Key points relating to the uptake of testing and vaccination during Ramadan are presented in this [infographic](#).



More information

Much more information about the vaccination programme is available on our website, including details of the [services available in each area](#), [latest data](#), answers to [frequently asked questions](#) and links to all the national leaflets and materials.

Thank you for your support in helping to keep our local communities updated and informed about this fast-moving and unprecedented vaccination programme.

> [Find more information about the Sussex COVID-19 vaccination programme](#)