

## COVID-19 VACCINATION

### Healthwatch website

We have created a dedicated vaccine webpage on the [Healthwatch Brighton and Hove website](#) which is being regularly updating. The website explains how the vaccines are currently being rolled-out and includes news and updates. In this bulletin we have included some of the most significant changes announced over the last week below. We have also created a [Vaccine “Fact Check” webpage](#) to provide you with accurate information about the vaccines

### Contact us

Healthwatch is working with local NHS Clinical Commissioning Groups to ensure you get the information you need. If you have a specific question, please do get in touch at [office@healthwatchbrightonandhove.co.uk](mailto:office@healthwatchbrightonandhove.co.uk)

### Information to help you understand the vaccination roll out

You can access some answers to Frequently Asked Questions about the vaccine by clicking [here](#). Read this ‘[fact check](#)’ page which tackles some of the biggest concerns and inaccuracies.

To help you understand more about the vaccination roll out and what to expect, a series of videos have been produced which are available below:

How will I get my jab? (animation) <https://www.youtube.com/watch?v=Bh4DLdKD6uw>

I have received a letter, what do I do? (animation)  
<https://www.youtube.com/watch?v=ame-eJ4RUSU>

How will I be invited? <https://www.youtube.com/watch?v=wtDEiOK46GM>

What is a vaccination centre? <https://www.youtube.com/watch?v=izprZWWYe9w>

### In addition:

[Click here](#) to access an Easyread guide to being vaccinated

[Click here](#) and [here](#) to access translated materials about the vaccine

[Click here](#) for British Sign Language resources

Have you had the COVID vaccine? We would like to hear from you about your experience. Please email [office@healthwatchbrightonandhove.co.uk](mailto:office@healthwatchbrightonandhove.co.uk)

Or contact the team leading the roll out [sxccg.commsresponseteam@nhs.net](mailto:sxccg.commsresponseteam@nhs.net)

## In this bulletin:

- A. Reminder on second dose appointments (page 2)
- B. Dates for this week's community clinics (page 3)
- C. Quiet COVID-19 Vaccination Session at The Brighton Centre (page 3)
- D. New advice on COVID-19 vaccination for pregnant women (page 4)
- E. Moderna vaccine now being offered at the Brighton Centre (page 4)
- F. New animations launched to help tackle disinformation (page 5)
- G. New film encourages the Gypsy, Roma, Traveller and Showmen communities to have their vaccination (page 5)
- H. Progress to date (page 6)
- I. Link to Frequently Asked Questions (page 8)
- J. How to get your vaccine - in different languages (page 8)

## A. Reminder on second dose appointments

A number of people are concerned about their second dose appointment.

If you booked your first vaccination through the national booking service (website) or by calling 119, you should have been able to book both appointments at the same time. If you need to change your second dose appointment please contact 119 or visit the [website](#) and search for 'Manage my Booking'.

If you had your first vaccination at a GP led local vaccination service, their team will be contacting you approximately around 11 to 12 weeks from the date of your first appointment. They will contact you as soon as vaccines are available in line with deliveries and supply. Please do not contact your GP practice to ask about an appointment before week 12 and please note the vaccination service may contact you in week 12 for an appointment that week.



You can also read the latest guidance about the AstraZeneca Oxford vaccine here:  
[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/977653/PHE\\_COVID-19\\_AZ\\_vaccination\\_guide.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/977653/PHE_COVID-19_AZ_vaccination_guide.pdf)

## B. Dates for upcoming community clinics



The community team reaching out to those who are eligible and yet to have their vaccine hits the road again this week. Sessions are being held on the following days:

### Saturday 24 April

10.30-14.30

Moulsecoomb Freedom leisure centre, Moulsecoomb Way, Brighton BN2 4PB

### Sunday 25 April

10.30-14.30

Waitrose Car Park, 130-134 Western Road, Brighton BN1 2LA

Pre-booked appointments are available for anyone eligible. Limited drop in appointments are also available.

Anyone over the age of 45 years old is eligible for the free vaccination in the community, along with those who are aged under 45 and have a serious long term health issue, and unpaid carers.

## C. Upcoming Quiet COVID-19 Vaccination Session at The Brighton Centre

Sussex Community NHS Foundation Trust is pleased to be able to offer a dedicated 'Quiet COVID-19 Vaccination Session' for people requiring their **first dose** COVID vaccination. The details are:

**WHEN:** Sunday 2<sup>nd</sup> May, 4.20pm - 7.20pm

**WHERE:** The Brighton Centre, Kings Road, Brighton, BN1 2GR (the Seafront entrance)

**BOOK:** By calling or texting Lilly from the Public Involvement Team on 07443 770 754.

If there is no response please leave a voicemail or text and we will call you back.

This **Quiet Session** is being offered to people living in Sussex who are currently eligible for the vaccine and over the age of 18 who may need more time for their appointment, or who have extra access needs where a quieter and calmer environment would help support them to receive their vaccination. This includes:

- People with learning disabilities
- People who are autistic
- People living with a neurodiverse condition
- People living with a Dementia and/or Alzheimer's

You can also book your carer in at the same time if they need their first vaccination dose too. The team will book in your second appointment for your second vaccination date on the day.

The Quiet Session at the Brighton Centre will offer:

- Fewer appointments, so less people will be there during the session
- Longer appointments to give you more time
- 1:1 nursing care for everyone receiving their vaccination
- The entire appointment will be on the ground floor
- Everyone will be offered the Moderna vaccine, so you must be over 18 years old
- Free transport for anyone who needs it (see below for details)

[More information can be found on the Healthwatch website](#)

## **D. New advice on COVID-19 vaccination for pregnant women**

If you are eligible and are yet to receive your vaccination, simply call 0300 303 8060 to book your appointment with this community service this week.

Getting the vaccine in the community is easy; just bring one form of ID (photo ID not required) and NHS number, if known.

Pregnant women should be offered the COVID-19 vaccine at the same time as the rest of the population, based on their age and clinical risk group, the Joint Committee on Vaccination and Immunisation (JCVI) has advised.

The new advice comes following analysis of real-world data from the United States showing that around 90,000 pregnant women have been vaccinated, mainly with mRNA vaccines including Pfizer-BioNTech and Moderna, without any safety concerns being raised.

Updated advice for pregnant women in the UK now says that it's preferable for them to be offered the Pfizer-BioNTech or Moderna vaccines where available. There is no evidence to suggest that other vaccines are unsafe for pregnant women, but more research is needed.

Dr Edward Morris, President of the Royal College of Obstetricians and Gynaecologists (RCOG), said: "Vaccination offers pregnant women the best protection from COVID-19, which can be serious in some women."

> [Read more on this story](#)

## **E. Moderna vaccine now being offered at the Brighton Centre**

The first Moderna jabs in Sussex have been delivered today at the Brighton Centre.

The vaccination centre, run by Sussex Community NHS Foundation Trust, is one of two sites in the South East which has started to use the newest vaccine, as the NHS continues to expand the vaccination programme. [Watch a video from Donna Lamb, Chief Nurse for Sussex Community NHS Foundation Trust, about today's milestone.](#)

For those aged 18-29 who are eligible for their vaccination, the Moderna vaccine provides another alternative to the AstraZeneca vaccine, in line with the latest updated MHRA guidance.

Over the coming weeks, the supplies will be used for first dose appointments, while people attending second dose appointments will continue to receive the same vaccine as they had for their first dose.

People are being urged to continue to attend all booked appointments.

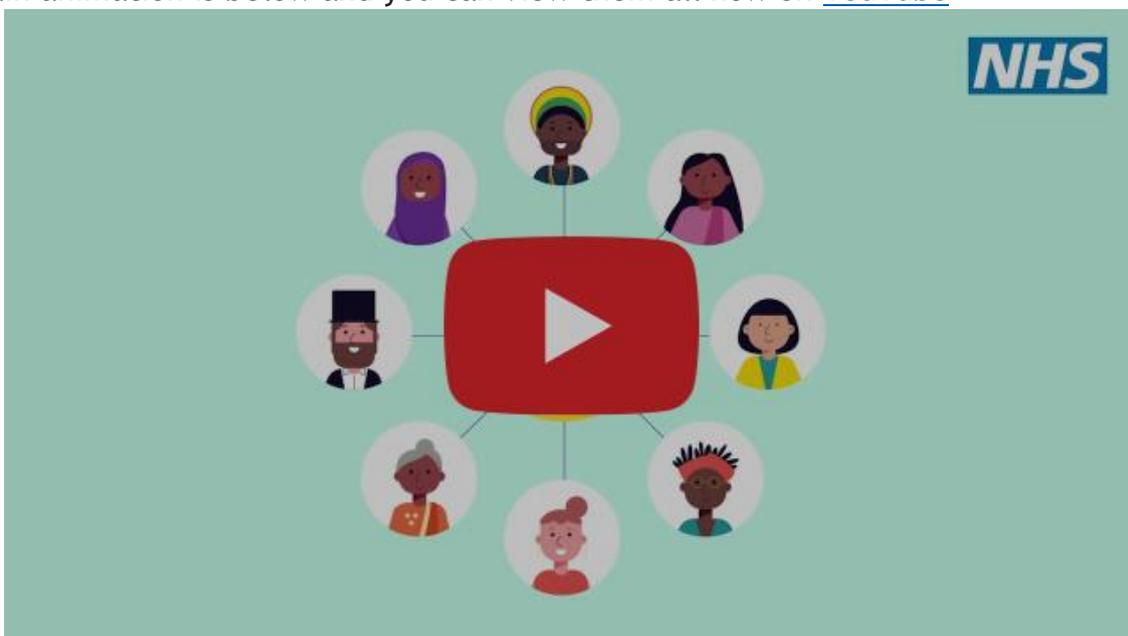
## F. New animations to help tackle disinformation

NHS England and NHS Improvement has launched a series of animations aimed at tackling disinformation about the COVID-19 vaccine.

Aimed specifically at encouraging uptake in ethnic minority groups, the animations are available in 17 different languages and are suitable for use on a wide range of social media platforms.

They cover key topics including vaccine safety, how it was tested, how it was developed so quickly, what is in it, and what the side effects are.

The main animation is below and you can view them all now on [YouTube](#)



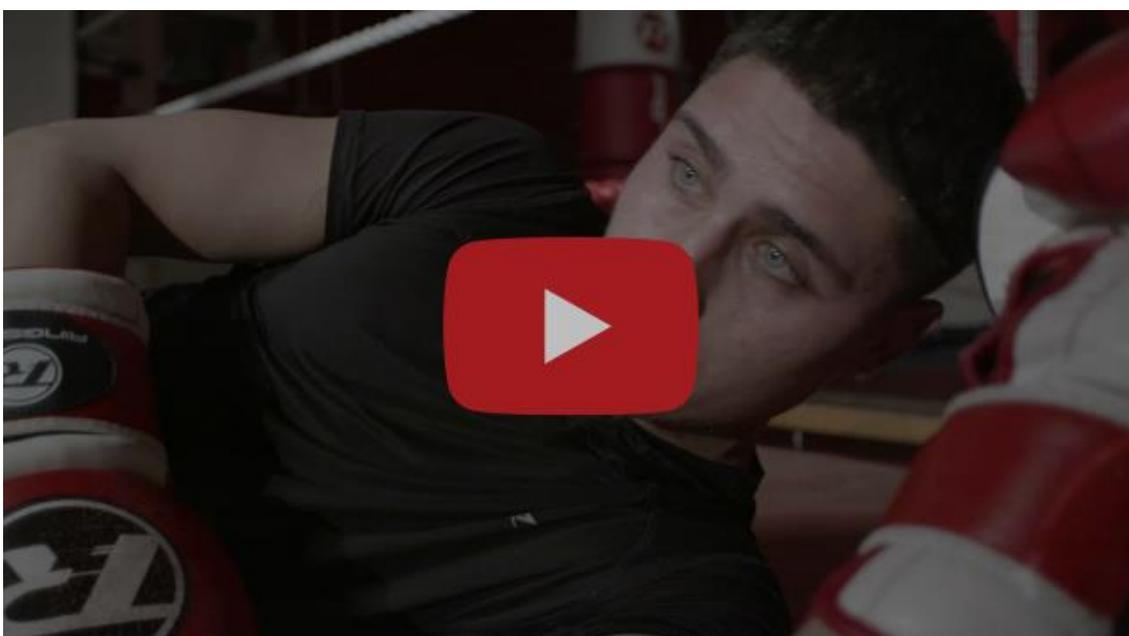
This animation helps to tackle disinformation about the COVID-19 vaccination, especially among ethnic minority groups. It covers key topics including vaccine safety, how it was tested, how it was developed so quickly, what is in it, and what the side effects are. Translations are available at <https://coronavirusresources.phe.gov.uk/covid-19-vaccine/resources/disinformation-eng-translations-video-content/>

## G. New film encourages the Gypsy, Roma, Traveller and Showmen communities to have their vaccination

Members of the Gypsy, Roma, Traveller (GRT) and Showmen communities are being encouraged to 'Give Covid the Jab' in a [new](#) NHS video released today.

Produced by the GRT and Inclusion Health team at First Community Health and Care in partnership with Surrey Heartlands CCG, the video aims to educate, inform and answer common questions about the Covid-19 vaccine to boost vaccine confidence within Traveller communities.

The film follows renowned Romany journalist Jake Bowers as he investigates what he and others in the nomadic communities can personally do to help society move on from the pandemic.



## H. Progress to date

### More than seven out of ten over 75s have received their second dose



Progress continues to be made across Brighton and Hove as the roll out of the vaccination programme continues.

First dose appointments are being arranged daily for anyone in the initial priority groups who is yet to receive their vaccine and for those most recently eligible - people aged 45-49.

In addition, second dose appointments have been taking place, and thousands more are expected this week.

To date, more than 70% of those aged 75 and over have now received their second vaccination, and more than 300,000 second doses have been provided to people across our communities.

People are being invited for their second dose appointment approximately 12 weeks from their first vaccination. Everyone is urged to attend your appointment and make sure you receive both doses for the maximum protection.

## **Second doses of the COVID-19 vaccine given to more than half of care home residents in Sussex**

The majority of the most vulnerable care home residents in Sussex and staff working to look after them have received their second doses of the COVID-19 vaccine, giving them maximum protection.

As at 20 April, 404 care homes in Sussex have been visited by the GP-led teams and Sussex Community NHS Foundation Trust so residents could receive their second dose of the COVID-19 vaccination.

Vaccinations began at care homes for older people, as they were identified at highest risk from the COVID-19 infection. The second dose provides the most protection possible by reinforcing the protection given by the recipient's initial immune response, triggered by the first vaccine.

Sussex NHS Commissioners Chief Nursing Officer, Allison Cannon, said: "By vaccinating hundreds of older people across hundreds of care homes in Sussex we have given them not only some protection against the virus, but also a sense of hope. Thank you to everyone who has taken up their offer of a vaccination - the high uptake has contributed to a reduction in outbreaks of the virus in our local care homes.

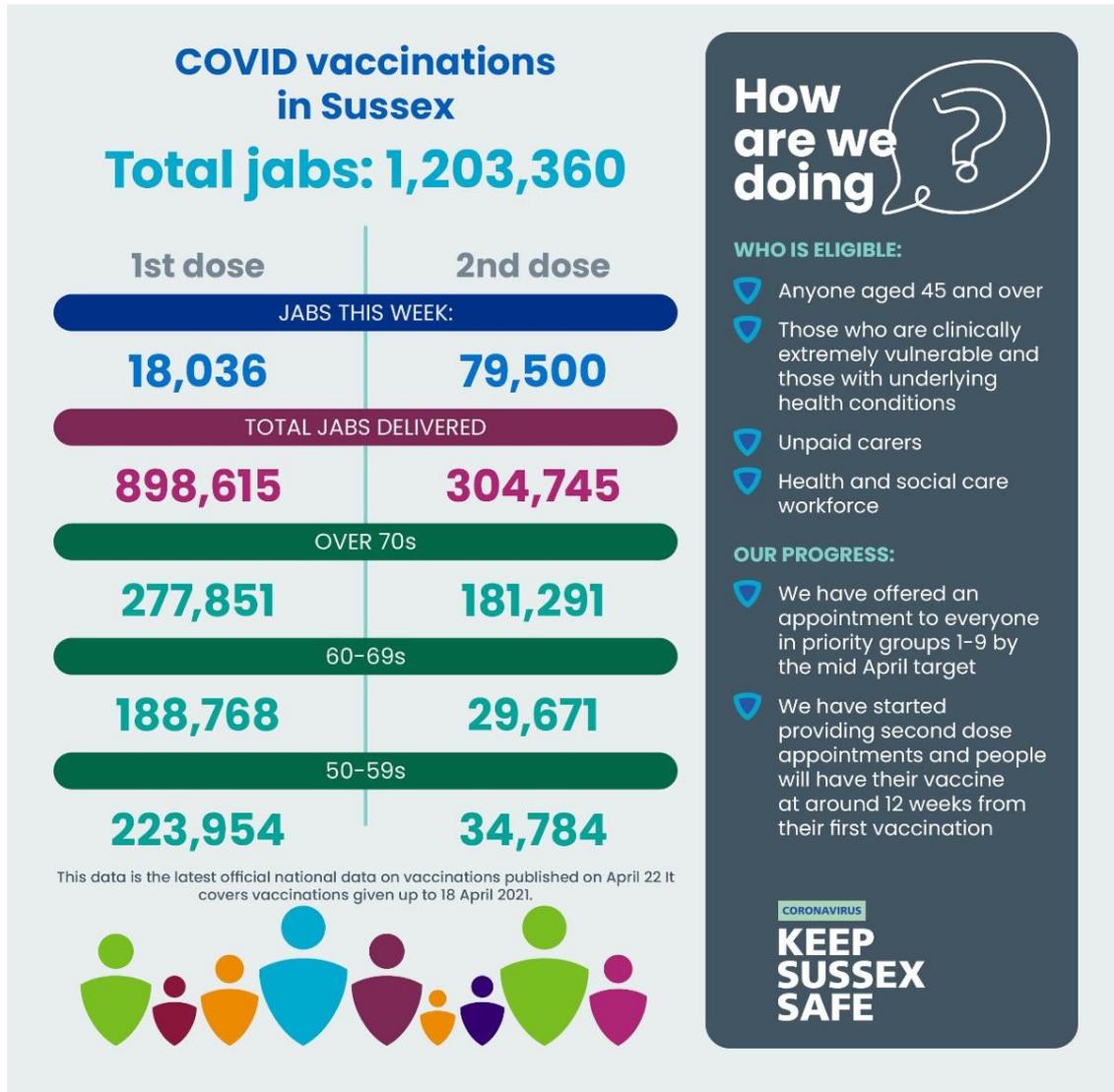
"Across Sussex we have 748 homes - one of the highest numbers of nursing and care homes per capita across the country and so this work is a significant undertaking. We extend our heartfelt gratitude to our vaccination teams for their ceaseless work around the clock to get this vital protection to our older people."

### **Visiting loved ones in care homes**

Alongside other protections in place, vaccination of both residents and staff in care settings has helped to enable the resumption of indoor visiting - reuniting families with their loved ones.

From 12 April 2021, [national guidance](#) stated that every care home resident can nominate up to two named visitors who will be able to enter the care home for regular visits.

As care homes reopen to the public, there are steps you need to take to protect yourself and those around you. Listen to this [podcast](#) with Dr Claire Lehman, Consultant in Public Health at West Sussex County Council to find out how to visit your loved ones



## I. Updated questions and answers

A full FAQ is available here: <https://www.sussexhealthandcare.uk/keepsussexsafe/sussex-covid-19-vaccination-programme/faqs-about-the-covid-19-vaccine/>

## J. How to get your vaccine - in different languages

English	To book your COVID-19 vaccination appointments go to <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> or phone 119 which will have interpreters available on request.	For more information in other formats, and languages other than English, go to: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Arabic عربي	، انتقل إلى COVID-19 لحجز مواعيد اللقاح ضد <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> أو اتصل برقم 119 الذي سيوفر مترجمين فوريين عند الطلب.	لمزيد من المعلومات بتنسيقات ولغات أخرى غير الإنجليزية، انتقل إلى <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>

Bengali বাংলা	আপনার কোভিড-১৯ টিকার অ্যাপয়েন্টমেন্টের বুকিং এর জন্য <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> এ যান বা ১১৯ নম্বরে ফোন করুন যেখানে অনুরোধ সাপেক্ষে দোভাষী পরিষেবা সুবিধা পাওয়া যাবে।	অন্যান্য প্রকরণ এবং ইংরেজী ব্যতীত অন্য ভাষাতে আরও তথ্য পেতে এখানে যান: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Spanish Español	Para reservar sus citas de vacunación contra la COVID-19, vaya a <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> o llame al teléfono número 119, donde tendrá intérpretes disponibles previa solicitud.	Para obtener más información en otros formatos e idiomas distintos del inglés, visite: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Farsi فارسی	برای رزرو قرارهای واکسیناسیون کووید-19 خود به <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> مراجعه کرده یا به شماره 119 زنگ بزنید که بنا به درخواست، مترجم همزمان در اختیار دارند.	برای اطلاعات بیشتر در فرمتهای دیگر، هر زبان دیگر به غیر از انگلیسی، به اینجا مراجعه کنید: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Gujarati ગુજરાતી	તમારી કોવિડ-19 રસીકરણની એપોઇન્ટમેન્ટ બુક કરવા માટે <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> પર જાવ અથવા 119 પર ફોન કરો જેઓ વિનંતી કરવાથી દુભાષિયા ઉપલબ્ધ કરાવી આપશે.	ઇંગ્લીશ સિવાયના અન્ય સ્વરૂપો અને ભાષાઓમાં વધુ માહિતી માટે, અહીં જાઓ: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Hindi हिन्दी	अपनी COVID-19 टीकाकरण अपॉइंटमेंट की बुकिंग करने के लिए <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> पर जाएं या 119 पर फोन करें जहां अनुरोध पर दुभाषिए उपलब्ध होंगे।	अन्य प्रारूपों, और अंग्रेजी के अलावा अन्य भाषाओं में अधिक जानकारी के लिए इस वेबसाइट पर जाएं: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Kurdish سۆرانی	بۆ سازکردنی مەوعید بۆ کوتان دژی کۆفید-19 <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> سەردان بکە بۆ یان تەلەفون بکە بۆ 119 کە وەرگیری زانیان هەمە بە داواکردن	بۆ زانیاری زیاتر بە شیوازی تر، وە بە زمانی تر جگە لە ئینگلیزی، سەردان بکە بۆ <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Nepali नेपाली	तपाईंको COVID-19 खोप एपोइन्टमेन्ट लिन <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> मा जानुहोस् वा 119 मा फोन गर्नुहोस् जहाँ अनुरोध गर्दा दोभाषेहरू पनि उपलब्ध हुनेछन्।	अन्य स्वरूप, र अङ्ग्रेजी बाहेक अन्य भाषामा थप जानकारीका लागि, यहाँ जानुहोस्: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>

Punjabi ਪੰਜਾਬੀ	ਆਪਣੀਆਂ ਕੋਵਿਡ-19 ਟੀਕਾਕਰਨ ਅਪਾਇੰਟਮੈਂਟਾਂ ਬੁੱਕ ਕਰਨ ਲਈ <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> 'ਤੇ ਜਾਓ ਜਾਂ 119 'ਤੇ ਫੋਨ ਕਰੋ ਜਿੱਥੇ ਬੇਨਤੀ ਕਰਨ 'ਤੇ ਦੁਭਾਸ਼ੀਏ ਉਪਲਬਧ ਹੋਣਗੇ।	ਹੋਰ ਫਾਰਮੈਟਾਂ ਅਤੇ ਅੰਗਰੇਜ਼ੀ ਤੋਂ ਇਲਾਵਾ ਹੋਰ ਭਾਸ਼ਾਵਾਂ ਵਿੱਚ ਵਧੇਰੇ ਜਾਣਕਾਰੀ ਲਈ, ਇਸ ਵੈੱਬਸਾਈਟ 'ਤੇ ਜਾਓ: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Polish Polski	Aby umówić wizytę na szczepienie przeciwko COVID-19, należy udać się na stronę <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> lub zadzwonić pod numer 119, pod którym na żądanie dostępni są tłumacze ustni.	Więcej informacji w innych formatach i innych językach jest dostępna na: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Romanian Română	Pentru a vă programa pentru vaccinarea împotriva COVID-19 accesați <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> sau apelați numărul de telefon 119, care vă poate pune la dispoziție interpreți disponibili la cerere.	Pentru mai multe informații în alte formate și alte limbi în afară de limba engleză, accesați: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Somali Soomaali	Si aad u qabsato ballantaada tallaalka COVID-19 aad <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> ama taleefoon u dir lambarka 119 khadkaas oo laga heli karo turjubaano marka la weydiisto.	Macluumaad dheeraad ah oo ku saabsan qaabab kale, ama luqado kale aan Ingiriis aheyn, aad: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Albanian Shqiptare	Për të rezervuar takimet tuaja të vaksinimit COVID-19 shkoni në <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> ose telefononi numrin 119 i cili do të ketë në dispozicion përkthyes sipas kërkesës.	Për më shumë informacion në formate të tjera dhe gjuhë të tjera përveç anglishtes, shkoni te: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Tagalog Tagalog	Para mai-book ang iyong mga appointment sa pagpapabakuna laban sa COVID-19, pumunta sa <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> o tumawag sa 119 na kung saan may maaaring tumulong na mga interpreter kapag hiniling.	Para sa higit na impormasyon sa iba pang mga format, at mga wika maliban sa Ingles, pumunta sa: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
Urdu اُردُو	کوویڈ-19 کے حفاظتی ٹیکے لگوانے کے لیے اپنی اپوائنٹمنٹ بک کرنے کے لیے <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> پر جائیں یا 119 پر کال کریں جہاں پر درخواست کرنے پر مترجم دستیاب ہوں گے۔	دیگر فارمیٹس، اور انگریزی کے علاوہ دیگر زبانوں میں معلومات کے لیے جائیں: <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>

Chinese 中文	欲预约您的 COVID-19 疫苗接种，请访问 <a href="http://www.nhs.uk/covid-vaccination">www.nhs.uk/covid-vaccination</a> 或拨打 119，可根据要求提供口译员服务。	欲获其它格式及英语以外其它语言的更多信息，请访问： <a href="http://bit.ly/adultguide">http://bit.ly/adultguide</a>
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You can sign up to receive regular bulletins and information from Healthwatch.

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