



# Outpatient Transformation Advice and Guidance

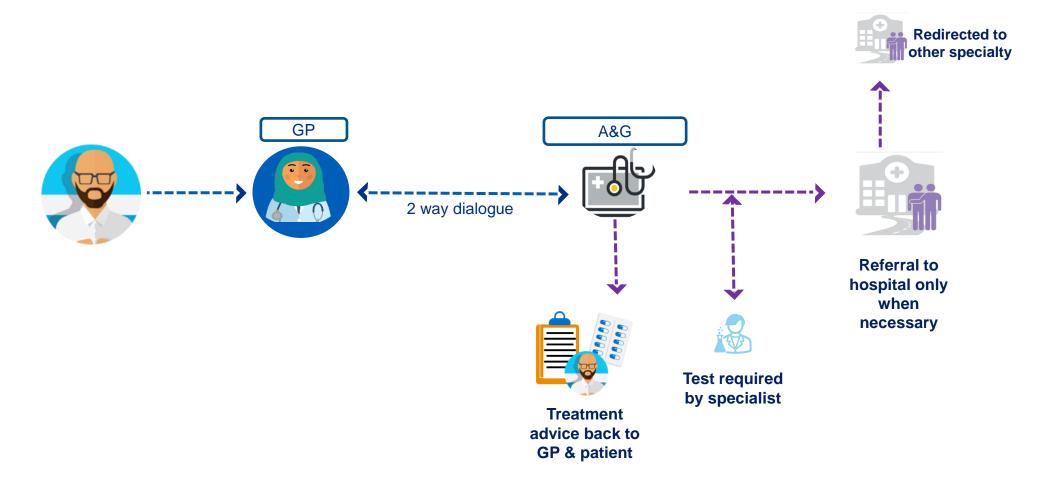
Improving Lives Together

# What is Advice and Guidance (A&G)?

- A method for a GP (or other) to seek specialist advice
- Electronic 2 way conversation
- Quick method to query something



# What is Advice and Guidance (A&G)?



# When might A&G be used?



Asking for advice on a treatment plan

Query: is referral appropriate?

Clarification on test results

Query: which service to refer to



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#### The benefits of A&G

#### **Patient**

- -Quick access to specialist opinion
- -Earlier investigations
- -Only referred when needed
- -Avoid unnecessary journeys

#### **GP**

- -Rapid access to advice
- -Supports decision making
- -Ongoing education
- -Increased confidence

## **Specialist**

- -Improve quality of referrals
- -Improves joint working
- -Can reduce unnecessary referrals

## **System**

- -Efficient use of resources
- -More flexible care provision
- -Potential to reduce waiting times

# Our plan in Sussex

- We already have some A&G in place
- We want to increase this: where it's needed
- Need to consider impact on patients
- Need to ensure support and guidance for GPs
- Need to ensure time for specialists to review



#### What we want to understand?

- What is the impact on patients?
- What is the best way to communicate A&G outcomes?
- When do people want updates on A&G outcomes?
- Does this cause any issues for certain groups of people?
- What other support would people need?



## **Breakout rooms**

# **Utilising capacity**

- Across the system we can 'make the most' of the services we have
- We can utilise capacity in other counties
- Patients can get referred to other hospitals to get seen quicker – based on patient choice



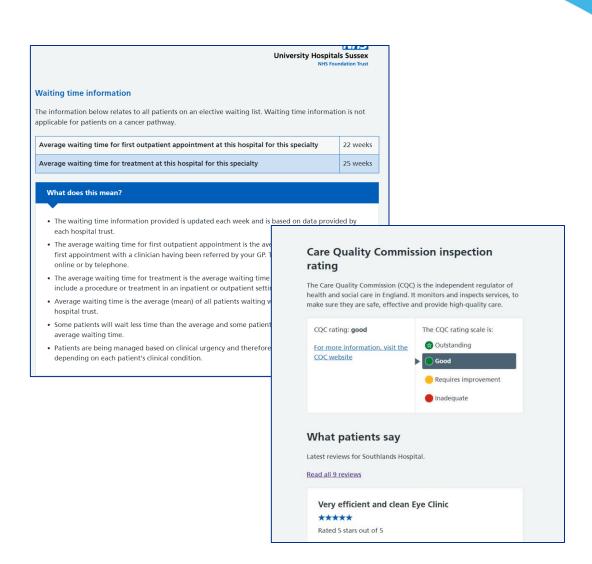
#### **Patient choice**



- The right to choose where you receive care
- Includes NHS hospitals or private sector organisations (NHS services)
- It could mean the difference between waiting a few weeks to a year

## Resources to help

- GPs can share details e.g. waiting times
- NHS website contains:
  - Services near you
  - Patient safety information
  - CQC results
  - Reviews
  - Consultant information
- My planned care website:
  - Waiting times
  - Other support



#### Improving Lives Together

### What do we want to understand?

- What is more important to people: to be seen sooner or closer to home?
- What is a reasonable distance to travel?
- What support do people need to:
  - a. make this decision?
  - b. attend a hospital further from home?



## **Breakout rooms**