

Foundations for our Future Oversight Board

14th February 2022

Emotional Wellbeing and Mental Health Strategy Development

Workstream/ priority programme	Workforce	<input type="checkbox"/>	UEC	<input type="checkbox"/>	Clinical	<input type="checkbox"/>
	Digital	<input type="checkbox"/>	Mental Health	<input checked="" type="checkbox"/>	Financial	<input type="checkbox"/>
	Estates	<input type="checkbox"/>	Unwarranted Variation	<input type="checkbox"/>	Place-based	<input type="checkbox"/>
	Communications	<input type="checkbox"/>	Strategic Commissioning	<input type="checkbox"/>		

Purpose	For information	For discussion	For decision	For action
	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>This paper provides assurance on progress made to develop a Sussex wide Strategy, and the opportunity to discuss areas not included and agree the way forward.</p>				

Paper summary	<p>Recommendation 6: Develop a Sussex-wide Strategy for Children and Young People’s Emotional Wellbeing and Mental Health & Recommendation 7: Develop an overarching Outcome Framework</p> <p>This paper describes the progress to date in developing a Sussex-wide Strategy, and includes a draft Strategy with the design for it as proposed by a co-production group of young people and families. The draft has been shared and comments have been included within this draft.</p> <p>There is however still some further work to be included and to be discussed. This includes agreement of Sussex versus local actions, timeframes and governance system, and resource and investment decision-making to support the delivery of the Strategy.</p> <p>This paper proposes holding a workshop with key partners to discuss and agree the final document prior to sharing with wider stakeholders for final comment.</p>
----------------------	--

<p>Recommendation</p>	<p>For the Oversight Board to:</p> <ol style="list-style-type: none"> 1. Note progress made to develop the Strategy 2. Comment on draft Strategy attached 3. Support proposed next steps, in particular the workshop and agree invitation list 4. Note this may lead to a slight slippage on project timescales from March to April.
<p>Programme SRO</p>	<p>Simone Button Programme Director</p>
<p>Executive Sponsor</p>	<p>Lucy Butler Executive Director of Children, Young People and Learning, WSCC and Co-Chair of Oversight Board</p>

Emotional Wellbeing and Mental Health Strategy Development

1.0	<p>Introduction</p>
	<p>Recommendation 6: Develop a Sussex-wide Strategy for Children and Young People’s Emotional Wellbeing and Mental Health & Recommendation 7: Develop an overarching Outcome Framework</p> <p>This paper describes the progress to date in developing a Sussex-wide Strategy, and includes a draft Strategy with the design for it as proposed by a co-production group of young people and families. The draft has been shared and comments have been included within this draft.</p> <p>There is however still some further work to be included and this paper details the proposals for how this work should be taken forward.</p>
2.0	<p>Strategy Development Progress</p>
	<p>The Sussex-wide Strategy will be a public facing document that describes our vision, aims and objectives to meet the emotional wellbeing and mental health needs of children and young people across Sussex. It will refer to other documents and strategies, including the Sussex-wide Local Transformation Plan, which will provide greater detail and is more targeted towards professionals who will need to implement the strategy. This will be in addition to the implementation plans that each Place will develop in response to the Sussex-wide Strategy. The THRIVE framework has also been described in the Strategy as we see the introduction of this framework as playing a vital role as part of the Strategy delivery.</p> <p>Public Health colleagues from across Sussex have produced a rapid Needs Assessment that in broad terms takes account of any changing need as a result of Covid. This has been largely extrapolated from national studies overlaid onto Sussex data. Going forward the Strategy will be further informed as the planned Needs Assessments that are taking place both locally and across Sussex and which focus on Mental Health and Emotional Wellbeing are developed. The expectation is that the outputs of the early work will focus on desired outcomes for young people.</p> <p>An editorial group has worked together to produce the content of the Strategy. This has included Public Health, Health, Social Care, Commissioners, Community Voluntary Sector, and Health Watch. Our Communications department are working with us and have engaged a designer to create the Strategy based on feedback from the co-design group, an initial idea of layout and style was completed, and 3 design options including draft content were shared with the co-design and co-production group in December. Based on their feedback of those designs a draft document has been produced (see separate supporting document with design).</p> <p>We want to make sure that physical health and emotional wellbeing are thought about together, and we are working with colleagues who are developing a Sussex-wide Children and Young People’s Physical Health Strategy to ensure alignment. This will also take account of ambitions</p>

	<p>already detailed within the Learning Disability and Autism Strategy. We are proposing that all of this work sits as part of an overarching Sussex-wide Children and Young People's Plan with agreed shared principles.</p>
<p>3.0</p>	<p>Stakeholder Engagement</p>
	<p>Young people and families: We are committed to ensuring that young people and families are involved in the co-production of this important work. A co-production group of children and young people, with some input from family/carer representatives and front-line staff from Emotional Wellbeing (EWB) and Specialist Mental Health Services has been established and supported by Concordia, an external organisation with expertise in facilitating co-production. This group have worked together on the format of the Strategy, as well as commenting on its content and language. The report produced was shared with the FFOF Project Group and FFOF Oversight Board in early October with feedback provided back to the young people via Concordia. That feedback including views on design ideas has been incorporated into the draft that is attached as a separate paper.</p> <p>Wider stakeholder engagement: To date drafts of the strategy have been shared with the FFOF Project Group which has broad comprehensive stakeholder representation, with The Oversight Board, and with Children Social Care assistant directors.</p> <p>When the final draft has been agreed and signed off by the Oversight Board, it is planned for this to be shared widely with stakeholders with the following questions asked:</p> <ol style="list-style-type: none"> 1. Is the strategy factually correct? 2. Is anything essential missing? 3. Should anything be removed?
<p>4.0</p>	<p>Outstanding work</p>
	<p>Although the intention was as already stated, for this to be a high level strategy with clear ambitions across Sussex, some important comments and questions have been raised as part of the engagement by members of the FFOF Oversight Board. These relate to:</p> <ol style="list-style-type: none"> 1. Need to distinguish Sussex level from local action with greater clarity on what will be done at Sussex level, by whom and when. 2. Set a clear framework for local action with a set of criteria which local implementation plans should aim to meet. This should include some accountability so clarity regarding the governance process will need to be agreed. 3. Set priorities for Sussex wide ICS investment between relevant action areas which others are leading on (e.g. domestic abuse policies in different places) and areas we plan actively to oversee through this Strategy 4. Need to include some areas not yet mentioned in any detail e.g. interdependencies between physical health and mental health strategies and shared approaches for delivery of actions 5. Agreement on Vision statement 6. Define and describe the outcome framework to support this Strategy

<p>5.0</p>	<p>Next steps</p>
	<p>To hold a workshop to take forward this discussion and agree a final draft of the Strategy in February/ early March 2022.</p> <p>Once agreed, to share final document with widest group of stakeholders as planned prior to going to final print</p>
<p>4.0</p>	<p>Recommendations</p>
	<p>For the Oversight Board to:</p> <ol style="list-style-type: none"> 1. Note progress made to develop the strategy 2. Comment on draft strategy attached 3. Support proposed next steps, in particular the workshop and agree invitation list 4. Note this may lead to a slight slippage on project timescales from March to April.