

Sussex Partnership NHS Foundation Trust, Carers Support Organisations and Healthwatch in Sussex Collaboration - supporting relatives and carers of residents in care settings. January - March 2021

Programme - Part 1 - 3:00 - 3:45pm

*'Care Homes must be helped to re-open to meaningful visits by March?'*

The Impact on Relatives and Carers from long term separation and restricted visiting in care homes

**Welcome everyone**

Protocols for participating in the online webinar

Setting the scene for today's Webinar - visiting going forward; the emotional impact

Dr Padmaprabha Dalby, Clinical Psychologist, Sussex Partnership NHS Foundation Trust  
(10 minutes)

What the Current Guidance is? - Public Health Colleagues (10) minutes)

*'Where we are now in East Sussex and Brighton and Hove'*

Acknowledging the Impact of separation - Deborah Becker (10 minutes)

Over to you...How is it for family carers...your views and questions (15 minutes)

Joining the webinar will be a range of health and care professionals to respond to any questions and provide the most current information on the progress so far including:

Dr Padma Dalby, Consultant Clinical Psychologist (SPFT)

Public Health colleagues including Nicola Rosenberg, Public Health Consultant, Brighton and Hove City Council

Jo Egan, Care for the Carers

Dame Phillippa Russell, Carer and Vice Chair Carers UK

**Wrapping up - next steps.** keeping the listening going - Next Webinar Evaluation and feedback

**End of Part 1 - 3.45 pm**

**(NHS/Social Care and Public Health attendees will be asked to leave the room/meeting)**

## Programme - Part 2 - 3:45 - 4:30 pm

(Family Carers, Carers Support and Dr Padma and team, along with Healthwatch)

*The absence of meaningful indoor visiting fails to recognise the fundamental role that relationships and love play in a resident's (and family's) wellbeing*

Relatives and carers are invited to this closed session to reflect on discussions from Part 1 and hear as many carers views as possible.

Facilitating conversations will be Dr Padma Dalby and Deborah Becker from the Care Home Well-being Project team

### Outline for the session

#### Ground Rules

A Support Space, including peer support, support from Carers Organisations and time to understand the issues to take forward.

We invite you to pre-submit questions to the webinar panel for addressing during the event. These can be emailed to [elizabeth.mackie@healthwatchwestsussex.co.uk](mailto:elizabeth.mackie@healthwatchwestsussex.co.uk)