

Sussex Partnership NHS Foundation Trust, Carers Support Organisations and Healthwatch in Sussex Collaboration

Supporting relatives and carers of residents in care settings. January - March 2021

Third and final webinar: Tuesday 23rd March from 3pm

Please use [this link](#) to book your place

Programme - Part 1 - 3pm to 4pm

Welcome Everyone

1. Opening Poll- How many carers joining the call have visited their relative or friend since Care Homes 'opened' on March 8th?
2. Family Carers share experiences of visiting their relative since 'opening up'
What worked well, what didn't and why? Have you got regular visits booked?
3. 60 Second Spotlight challenge. Each invited panel member has 60 seconds to say:
 - *What has your organisation done?*
 - *Where has your organisation made a difference to family carers?*
 - *What could you have done differently?*
 - *Pledge - What will your organisation be doing to support family carers in the future?*
4. Q & A session

Joining the webinar will be a range of health and care professionals to respond to any questions and provide the most current information on the progress so far including:

Dr Padma Dalby, Consultant Clinical Psychologist (SPFT)

Deborah Becker (SPFT)

Public Health colleagues (invited)

Mike Derrick, Brighton & Hove and East Sussex Residential Care Home Association

Isobel Warren, East Sussex County Council

NHS Sussex Clinical Commissioning Group

Jo Egan, Care for the Carers

Next Steps (5 minutes) - Part 1 closes for Health and Care Partners

Programme - Part 2 - 4pm to 4.30pm

(Closed session for Family Carers, Carers Support and Dr Padma and team, along with Healthwatch)

Relatives and carers are invited to this closed session to reflect on discussions from Part 1 and hear as many carers views as possible.

Facilitating conversations will be Dr Padma Dalby and the Care Home Well-being Project team

Outline for the session

Ground Rules

- Your thoughts going forward - what does support from the health and care organisations look like from the family carers perspective?
- What recommendations (achievable) are required to make it happen?
- What have we learnt from these webinars?

We invite you to pre-submit questions to the webinar panel for addressing during the event. These can be emailed to Elizabeth Mackie via elizabeth.mackie@escv.org.uk

To watch February's Webinar - [click here](#)