



# BME Wellbeing Fair

## The greatest Wealth is Health

A multicultural Wellbeing Fair open to everyone from black and minority ethnic backgrounds in Brighton and Hove.

**10.30am – 2.30pm**

**Tuesday 2<sup>nd</sup> April 2019**

**BMECP, 10A Fleet Street, Brighton, BN1 4ZE**

A family friendly event with **FREE** hot lunch, creative activities, practical advice and information. **Come** and **discover** what's happening locally and where you can go for help and support to improve your health and wellbeing.

- **No booking required**
- **FREE Bus tickets if you travel to the event on the bus**
- **Attend for your chance to win a £50.00 shopping voucher**

Arabic, Bengali, Cantonese, Farsi, Portuguese and Turkish interpreters will be available at the event. If you would like to attend and need an interpreter, **call** Sussex Interpreting Services on **01273 234825** after 3pm. Leave your name, phone number and a message with your language need.

For info & to get involved: [ratnajanbibi@trustdevcom.org.uk](mailto:ratnajanbibi@trustdevcom.org.uk) / 07445 183 142

